

SSS



STAR

September 2004
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TRiO

Student Support Services

Federally-funded TRiO comprises various programs, which, since 1965, have promoted opportunity in education.

Student Support Services (SSS) has served almost 1000 participants at CCC&TI since its inception here in 1993. Its mission is to provide opportunities for academic development, assist students with basic college requirements, and serve to motivate students towards the successful completion of their post-secondary education.

Visit www.cccti.edu/ssv for more information.

Educational Talent Search (ETS), launched at CCC&TI in 2002, currently serves 600 middle-school and high-school students. Its mission is to get academically talented Caldwell County students enrolled in college. Visit www.cccti.edu/ets for more information.

For further information on TRiO programs, please visit www.ed.gov.

SSS Students Shine!

If you attended the SSS cookout/social on August 20th, you already know that some awesome changes are underway within your



Craig Kennedy and Bradley Saunders assemble SSS grill for Aug 20th cookout

SSS program at CCC&TI!

1st year SSS students will continue to meet with their counselor on a monthly basis. The exciting change is that all students will have the opportunity to participate in one or more of eight service groups created by and for SSS students! 2nd year students are strongly encouraged to participate in one or more groups as a way to bolster leadership and organizational skills and increase the power of their resumes and scholarship applications. We have always known our students rock! Now, our students have the chance to show it! The eight groups available to SSS students include the Alumni Group, CCPS/ETS (Caldwell County Public Schools/ Educational Talent Search) Group, Independent People Group, Independent Women Group, J.E. Broyhill Civic Center Group, Newsletter Group, Orientation Group, Service Corps, and the TRiO Deli Team. Any SSS student may participate in one or more of these exciting experiences. Contact any SSS staff member or student leader for more information.

Groups will be profiled within this newsletter and updates on group happenings can be found here as well.

About the new service groups available to SSS students, Misty Vess said, "We are Student Support Services; we should be supporting each other and the college." We couldn't have said it better ourselves! All at this institution know that CCC&TI students make all the difference! *SSS Staff*

Newsletter Team Unveils the SSS Star

One of the exciting changes you will observe in your SSS program this year includes this newly formatted SSS newsletter. This newsletter is by, for, and about SSS students.

The first task for the Newsletter Team was to brainstorm and compose a new, exciting, informative, and interesting account of the events that affect SSS students at CCC&TI. Much student labor has contributed to the creation of this newsletter. Most articles in this first issue are written by Newsletter Team members and SSS staff members. In the future, Newsletter Team members will be asking you, SSS students, to contribute to the newsletter.

The purpose of our newsletter is not only to inform, but also to give our incredibly talented students the opportunity to write and be published. We as CCC&TI staff recognize that we have the great fortune of working with a talented and impressive population of people! The SSS staff wants all who are interested and who are so inclined to have the opportunity to contribute to the new SSS newsletter. Currently, the Newsletter Team comprises seven members including, Susan Alexander, Joy Bellamy, Jessica Dillard, Tim Ford, Kelly Harrison, Andrea Powell, and Nicole Stough. The team welcomes any suggestions and ideas about how to make your SSS program serve you better!
SSS Staff



Clockwise from front left: Andrea Powell, Joy Bellamy, Tim Ford, and Triniti Hall put their talents to use on the SSS Star.

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SSS Students Recognize CCC&TI Staff that “Go the Extra Mile”

By Tim Ford

SSS Newsletter Team Member

The SSS Newsletter Team would like to thank Vera Fulbright for her hard work and dedication to

helping students and other community members who grace our hallowed halls daily. Whenever you walk into the John A. Forlines, Jr. building on the CCC&TI campus, Vera is there to greet you with a smile. She is always lending a hand with her helpful nature and her wise ways. Vera can forever be seen helping a lost student or just talking with a student or staff member who has a question. Vera brings her infamous smile with her to work every day along with a “can do” attitude! She is truly a fantastic role model for us all! Isn’t this the way everybody on campus would like to be greeted? If we all would be just a little more like Vera, imagine how friendly our campuses would be! Thanks for all that you do, Vera! You are much appreciated!

Faithfully

Forever yours I’ll be all time.

In your loving arms, hold me so tight.

Wanting your love, I’m too scared to tell.

Believe in me a lie I’ll never tell.

Trusting in me, my love will never fail.

Faithfully I’m forever yours

And faithfully I’ll love you, forever more

By Chris Messer

SSS Student

**May all wrongs be righted and
all losses be gained.**

Reeva Greene

SSS Student

A Great Honor for SSS

By Joy Bellamy

SSS Newsletter Team Member

The SSS program has been honored to receive an invitation from the Texas-based Beaumont Foundation of America to submit a proposal for 25 laptop computers. If awarded this honor, SSS students will have access to these laptops. Along with Debbie Holtzclaw and Terry Kanupp, I had the great privilege of meeting with Dr. George McLaughlin and Virginia Peoples to discuss my experience learning to operate a computer.

My first experience using computers was working in management. One of my duties was to enter shift report data. I often referred to the computer as “the monster.” The computer made me frustrated because I was accustomed to doing the work by hand, and then the company I worked for turned the reports over to “the monster.”

This past summer, I have had fun learning on “the monster” as well as a laptop version of “the monster.” Thanks to the three computers we have available for check-out in SSS, I was able to take a laptop home and learn how to use Word, Excel, and PowerPoint! I have also learned how to set up e-mail. I now have internet access and research the internet often. Prior to my entering SSS, I did not have a clue as to how to search for information or understand the learning privileges that “the monster” could give me. “The monster” and I have called a truce. It is fun to me now even though I have a lot yet to learn.

I am grateful that our school was invited to submit a proposal. I believe that many SSS students would benefit like I have if we are chosen to receive the grant. Let us keep our fingers crossed and our hopes high. Let us also thank the BFA for this opportunity. We will hear something from BFA in regard to the laptops in October.

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Race for the Cure

Larkin Kassuba

SSS Student

The local chapter of the Susan G. Komen Breast Cancer Foundation will have its annual race for the cure on October 16th at Lenoir-Rhyne College. The festivities start at 7:30 AM and end around 10:00 AM. There is a \$17.00 registration fee that you may either pay out of pocket or ask sponsors to donate. Each dollar that you raise goes directly to the cause.

Last year I declined an invitation to participate in this race because I was busy and felt like I had a lot on my plate. A few months later my mother was diagnosed with breast cancer. I felt powerless. All I could do was sit and wait. I regretted not entering the race. I will never again think of breast cancer as someone else's problem. The truth is, we are all just one lab result away from a life-changing experience.

Wanda Huffman was my third grade teacher. Sadly, she passed away a few weeks ago because of breast cancer. Wanda told wonderful stories that sparked her children's imaginations. She gave me words of encouragement that I carry with me today.

I will be at the track in honor of my mom and in memory of Wanda. With your help, the Komen Foundation is able to give people what they need most, hope for the future and more time to tell stories and share experiences.

It is the experiences that we each face that make us different and unique. They make us who we are. By participating in the race, you will leave that track with a new experience that will change who you are.

Please see any SSS staff member if you are interested in participating or contributing to the cause.



John A. Forlines, Jr. Contributes to *TRIO First-Generation Statement Campaign*

The first chairman of the CCC&TI Board of Trustees, and chairman and CEO of the Bank of Granite Corporation, John A. Forlines, Jr. describes himself as a first-generation college student. And so, when the building that houses TRIO programs was named for Mr. Forlines last month, it seemed only fitting that TRIO invite him to write his *TRIO First-Generation Statement*. In his *TRIO First-Generation Statement*, Mr. Forlines writes, "While neither of my parents went to college, it was always understood that my sisters and I would study hard and prepare for college." He states further, "Along the way I have learned, too, that one should never stop learning...I congratulate all of the TRIO students at Caldwell Community College and wish them much happiness and a lifetime of learning." Launched in 2003, the *TRIO First-Generation Statement* campaign currently comprises stories from over 200 individuals in Caldwell and Watauga counties, including 165 from ETS and SSS students. For further information on the *TRIO First-Generation Statement* campaign or any of the stories in the collection, please contact Alice Lentz at alentz@cccti.edu

Monthly Mantra

The world is but canvas to our imaginations

Henry David Thoreau

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Important Dates for SSS students:

September, 2004

- Sept. 9, TRiO Deli 12:00, E 120
- Sept. 13, Pell Pay Day
- Sept. 15, SGA Fall Activity
- Sept. 16, Business Club meeting
- Sept. 17, Nitty Gritty Dirt Band 7:30 pm, Civic Center
- Sept. 17-19, Twelve Angry Jurors, FPA Theatre, B Building
- Sept. 21, Elliot Engel 7:30 pm, Civic Center
 - Cobra Women's Volleyball vs Forsyth Tech 4pm (home)
 - Wise Up Workshop "Test Taking/Test Anxiety" Noon E 120
- Sept. 23, Solazo 7:30 pm, Civic Center
 - Cobra Women's Volleyball vs. CVCC 4pm (home)
 - TRiO Art Exhibit Reception, 3-6 pm S-Bldg
 - Wise Up "Math Anxiety" Noon E 120
 - 23-26, Twelve Angry Jurors, FPA Theatre, B Building
- Sept. 24, Deadline to Sign-up for Macbeth (SSS bulletin board)
- Sept. 25, Cobra Women's Volleyball vs. Tri-Match 1pm (away)
- Sept. 27, Phi Theta Kappa 4:30 pm
- Sept. 28, Circle K Club 12:00
- Sept. 29, Bloodmobile 9 am-1:30 pm, Gymnasium

October, 2004

- Oct. 1, 8th Grade Career Day 8:30 am-1pm, Civic Center
- Oct. 2, "Capital Steps" 7:30 pm, Civic Center
 - Cobra Women's Volleyball Quad Match, Place & time TBA
- Oct. 7, Cobra Women's Volleyball vs Surry Community 4 pm
 - Chorus Concert 12:15 pm, FPA Theatre
- Oct. 11-12, Student Fall Break
- Oct. 12, Dream Scholarship Award Ceremony 7 pm, Gymnasium
- Oct. 14, Fall Festival for Day Students 10:30 am- 1:30 pm/
Evening Students 5:30-7:30pm
 - Cobra Women's Volleyball vs Forsyth Tech (away)
- Oct. 17-23, National Chemistry Week
- Oct. 19, Wise Up "Writing the Research Paper" 12:00, E 120
- Oct. 21, Business Club Meeting 12:00
- Oct. 23, Illrd Tyme Out 7:30 pm, Civic Center
 - Cobra Women's Volleyball Region X Tournament
- Oct. 24, Macbeth Goers Meet @ Noon on CCC&TI Campus
- Oct. 25, Phi Theta Kappa 4:30 pm
- Oct. 26, Circle K Club
- Oct. 27, Last Day for students to Drop Classes
- Oct. 28, TRiO Deli 12:00, E 120

Watauga Campus Events:

September, 2004

- Sept. 9, Bloodmobile 10:30-2:30
- Sept. 10, Workshop "Financial Aid for College" 2:00-2:50, Room 120
- Sept. 13, Pell Pay Day
- Sept. 16, TRiO Deli 12:15-1:00, Room 112
- Sept 29, Workshop "Using NC Live for Research" 6:00-6:50 pm, LRC

October, 2004

- October 7, SGA Fall Festival
- October 11&12, Student Fall Break
- October 14, Workshop "Healthy Relationship Building" 12:15-1:00, Room 120
- October 19, Acceptance in a Day (for students applying to ASU)
- October 21, Workshop "College Level Paper Writing" 12:15-1:00, Room 120
- October 27, Last Day to Drop Classes
- October 28, SGA Halloween Pumpkin Carving
- October 29, SGA Halloween Costume Contest



TRiO Art Show

Get your art ready to be showcased! TRiO is calling for all SSS student artists to submit a piece of art for the TRiO art show. A selection committee will choose pieces from those submitted to be displayed during the show. Opening reception will be: September 23, 3:00-6:00 p.m. in the Jo Seila Gallery at CCC&TI Hudson location. Come join us at the first ever TRiO art show!

Group Activity and Update Page

What are those SSS students doing now?!

Helping, working, living, giving....

As you know, SSS has created **eight new service groups** in which students can participate to bolster their resumes and applications while giving back to the CCC&TI community. Below, each service group is outlined. In the future, updates will be communicated via your new SSS newsletter. Keep an eye out for your group. Any questions, see Alice, Belinda, Becky, or Sheila.

SSS Alumni Group:

Group members will assist in maintaining contact with SSS alumni.

The Alumni group met on September 3rd and decided to hold their next meeting the week of the 13th when they will discuss the mission and purpose of the group as team members see it.

CCPS (Caldwell County Public Schools) /ETS (Educational Talent Search) Group:

Students will assist in organizing and coordinating services as requested by CCPS. Students may act as mentors or tutors to ETS students.

The CCCPS/ETS Group met on Sept 3rd and decided to gather schedules of group members and arrange the next meeting to take place the week of the 13th when they will discuss the mission and purpose of the group as team members see it.

Independent Women/People:

These groups functions as support networks for their members.

Independent Women met for the first time this semester on Sept 2nd. Over 25 women attended! We split into two sections of Independent Women. The next meeting for Tuesday Independent Women will take place on September 21st at noon.

Thursday group will meet next on September 16th with Kim Roper facilitating group. Belinda Ballew-Schrag will be on the Watauga campus on the 16th.



Independent Women offer over \$200 in donations they raised and collected to Caldwell County's Women's Shelter this summer.

Independent People met for the first time ever on September 2nd. Two students attended. Sign up for Independent People will be on September 16th. Depending on interest, this group may or may not continue meeting after the 16th.



Newsletter Team:

This team is for students who are interested in composing the new SSS newsletter.

The Newsletter Team meets weekly on Fridays from 3:00 – 5:00 PM. You are reading the product of their meetings right now!

Orientation Team:

These students help orient incoming SSS students by providing an orientation day as well as creating a directory of SSS students.

This team met on August 30th and elected Marcie Haney as group leader. The team decided to call their next meeting on September 10th to discuss purpose and mission as the team sees it.

Service Corps:

These team members will organize and assist in the deployment of SSS student resources across campus and the Caldwell County community.

The service corps group met on September 3rd and decided to call their next meeting in the week of September 13th when they will discuss the mission and purpose of the group as team members see it.

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TRiO Deli

By Andrea Powell & Nicole Stough

SSS Newsletter Team Members
 Student Support Services hosted the first TRiO Deli (formerly known as mentoring lunch) on Thursday, August 26th. Students and faculty met in E-120 at noon to socialize with fellow SSS students and faculty of the college. It was a great experience meeting first-year SSS students and also seeing old friends from previous semesters! As always the food was wonderful! Alice Lentz, TRiO Director, introduced the speakers who included: Amber Watts, SSS student; Sheila Pritchard, Administrative Assistant of SSS; and Larkin Kassuba, SSS student. Also following were comments made by Nancy Risch, English Instructor. Sheila Pritchard announced the **first annual TRiO Art Show** which will be located in the Jo Seila Art Gallery in S-Bldg on the Hudson CCC&TI campus. Amber Watts encouraged everyone to display their own art work or view the works of other SSS/ETS students. Amber will be entering some of her own work as will Larkin Kassuba. Larkin spoke about the Komen Breast Cancer Foundation **RACE FOR THE CURE!** The race will take place on October 16th at Lenoir-Rhyne College. Pick up your registration forms in the SSS department. Alice Lentz ended the presentation with an introduction of the SSS staff and a reminder to SSS students to vote for the name of their new SSS Newsletter! It was a great pleasure to see faculty and staff. It was a special treat to get to see Gilma Roberts again. Gilma, we miss you and your brownies! Sign up for the next TRiO Deli in SSS. The next TRiO Deli is scheduled to take place on October 28th. See you there!

Group Activity and Update page continued...

TRiO Deli Group:

This group is responsible for the coordination and organization of TRiO Delis.

This group met on August 30th and named Carla Ballard as the group leader. Carla called the second meeting for September 7th and duties were divided. Future meetings will be held to discuss the mission and purpose of the group.



Tamara Rogers and Heather Lovins pose during the TRiO Deli Sept 9th.



Matt Gragg performs on his guitar for TRiO Deli guests.



Teresa Moody and Debbie Holtzclaw grow "horns" for their photo opportunity at a TRiO Deli.

J.E. Broyhill Civic Center Group:

Group members will assist in some day to day activities associated with the J.E. Broyhill Civic Center, including ushering.

Students met on September 7th to discuss mission and purpose. Next meeting is scheduled to take place during the week of the 13th.

Esquina Española

Nos gustaría decir "bienvenido" a los nuevos participantes en el programa de SSS, siendo ellos que hablan inglés o español u otro idioma. Si Ud. quiere saber más de lo que ofrece SSS les

rogamos pasar por la oficina de TRiO (Forlines Building, F-142) o de TRiO/Student Support Services (Forlines Building, F-148).



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Congratulations to the 2004 SSS Graduates!

By Tim Ford

SSS Newsletter Team Member

Congratulations to the 2004 graduates of SSS at Caldwell Community College and Technical Institute. We all want to wish you good luck in pursuing your careers and other fantastic goals planned in your life. We, the SSS students, also want to thank you for being brave enough to show us the path to success. Your success helps us to see the fruit of our labor and helps keep us working toward our own goals in life. Everyone from Student Support Services at Caldwell Community College and Technical Institute sends best wishes for good luck in your future efforts in life. Again, congratulations on being part of the 2004 graduating class of Caldwell Community College and Technical Institute. We are proud to be called your classmates!



Brandy Norman, Jessica Dillard, and Casey Davis “ham it up” at the SSS Cookout/Social on August 20th.



Larkin Kassuba, Vickie Cannon, Evelyn Moore, and Lisa Stout socialize with other SSS students.

AA/AAS GRADUATES

Kendra Carswell
 Gloria Chester
 Marion Coffey
 Sherron Cornett
 Jennifer Dauler
 Diana Edwards
 Debra Grindstaff
 Jeannie Kahle
 Robin Pennington
 Trish Philyaw
 Dwight Price
 Elisha Reeves
 Benetta Richardson
 Samantha Siebert
 Barbara Simonds
 Amanda Story
 Jennifer Stubbs
 Meghan Watts

TRANSFER STUDENTS

Kendra Carswell
 Kandace Conner
 Christie Greene
 Jennifer Pennell
 Kenya Price
 Gloria Roberts
 Jennifer Stubbs
 Nicholae Turcanu
 Meghan Watts

Newsletter Team’s E- Mail

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**Student Support Services
 Caldwell Community College and
 Technical Institute**