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CALDWELL COUNTY RESOURCE DIRECTORY

Please note: The Caldwell County Resource Directory has been carefully prepared to ensure that all information is accurate and complete as possible. However, our community is continually growing and changing making it necessary to make changes and updates to this document. Such changes are made periodically and updated versions are re-posted as needed. The Directory will always appear with a date indicating when it was last updated. If you have updated information, additions, or other changes for the directory, please contact Brandy Dunlap, NCWorks Career Planning & Placement Center Director at (828) 759-2453 or email bdunlap@cccti.edu. Thank you.

Updated 6.24.15

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CHILDREN AND FAMILIES

Caldwell Council on Adolescent Health
918 West Avenue, PO Box 575, Lenoir, NC 28645
Phone #: (828) 757-9020
Fax #: (828) 757-9491
Website Address: <https://www.ccah.online/>

The Council on Adolescent Health, a non-profit organization, was founded in 1983, for the purpose of reducing teen pregnancy and sexually transmitted infections. The council promotes positive life choices by using best practice models in the classroom. By teaching our curriculum, teenagers are empowered to make healthier choices, mind and body.

Caldwell County Smart Start
A Partnership for Young Children
916 West Ave Suite 203 Lenoir, NC 28645
Phone #: 828-426-4KIDS
Fax #: 828-426-4329
Website Address: www.caldwellsmartstart.org

Caldwell County Smart Start is North Carolina's nationally-recognized initiative to ensure that every child reaches his or her potential and is prepared to succeed in a global community. Smart Start helps working parents pay for child care through the Department of Social Services and Child Care Subsidy, improves the quality of child care facilities and family child care homes and provides a variety of health and family support services in Caldwell County through partnerships with other key community agencies. Smart Start is not a childcare center you can enroll your child in but a resource to support parents, families and childcare providers in caring for our children birth to five years of age. For specific programs supported by Smart Start please call.

Caldwell Friends, Inc.
918 West Avenue NW, Lenoir, NC 28645
Mailing Address: PO Box 2784
Phone #: (828) 758-4683
Fax #: (828) 754-8262
Website Address: www.caldwellfriends.com

For a period of one year, this agency matches a caring, positive and stable adult volunteer with an at-risk youth in the community. These youth are in need of a positive, consistent role model to encourage development of sound values and appropriate behavior to improve self-esteem. This agency provides ongoing supervision and support to the youth and volunteer.

Communities in Schools – Caldwell County

616 Ashe Avenue NW, Lenoir, NC 28645

Phone #: (828) 759-2852

Fax #: (828) 759-2853

Website Address: www.ciscaldwell.org

Communities in Schools (CIS) of Caldwell County is an intervention program created by a public/private partnership to target and meet the needs of identified students in Caldwell County Schools. The program operates in four middle schools, three high schools, and two elementary schools in the county. The partnership is made up of industry, government, social service agencies, the school system, and community volunteers. Our mission is to champion the connection of needed community resources with schools to help young people successfully learn, stay in school, and prepare for life.

Helping Hands Clinic

810 Harper Avenue NW, Lenoir, NC 28645

Phone #: (828) 754-8565

Fax #: (828) 754-8567

Website Address: www.helpinghandsclinic.org

Helping Hands Clinic is a non-profit organization that serves the medical needs of the uninsured residents of Caldwell County. Our mission is to improve the health of the uninsured of Caldwell County by providing access to an integrated health model that empowers patients to be accountable for their personal wellness. Helping Hands provides free medical care and prescription medications to adults without health insurance or access to Medicaid or Medicare. All patients must be residents of Caldwell County, be uninsured and fall below 200% of the Federal Poverty Guideline. Proof of residency and income is required at enrollment.

Caldwell Pregnancy Care Center

301 Connelly Springs Road, Lenoir, NC 28645

Mailing Address: PO Box 1561

Phone #: (828) 757-9555

Fax #: (828) 757-9585

Website Address: www.caldwellpregnancycare.org

Our FREE and CONFIDENTIAL Services include:

- PREGNANCY TEST, Education on prenatal development, adoption, and abortion
- Parenting classes
- Referrals to physicians, maternity homes, and/or adoption agencies
- Maternity clothing, Baby clothing and baby furnishings
- On-going friendship and support, Post abortion support

We are open Tuesdays from 9:00 a.m. – 7:00 p.m., Wednesdays from 9:00 a.m. – 5:00 p.m. and Thursdays from 9:00 a.m. – 3:00 p.m.

Bethel Colony of Mercy
1675 Bethel Colony Road, Lenoir, NC 28645
Phone #: (828) 754-3781
Fax #: (828) 754-5370
Website Address: www.bethelcolony.org

The purpose of Bethel Colony is best summarized in our slogan, "Victory through Christ." God has provided the cross of Jesus Christ as the only true escape from bondage. At Bethel Colony we seek to point men to the reality of the indwelling Christ as the present Savior from sin and His provision of the Holy Spirit who transforms men in every area of life.

Caldwell County Home Health Agency
2345 Morganton Blvd. SW, P.O. Box 400 Lenoir, NC 28645
Phone#: (828) 426-8401 or (828) 729-4515
Toll Free: 1-800-757-1236
Fax#: (828) 426-8441
Web address: www.caldwellcountync.org

Caldwell County Home Health has been serving the citizens of Caldwell County for over 30 years. We also serve the surrounding counties of Burke, Catawba, Watauga, Alexander, and Wilkes. We provide Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Worker and Aide services to homebound patients with skilled medical needs. We accept Medicare, Medicare Replacements, Medicaid, VA, and Workers Compensation, as well as a variety of other insurances payers. We work to assist and educate our patients, their families and their caregivers about their medical conditions. We provide care for Hip & Knee replacements, Post-surgery care, Diabetic and Congestive heart failure, as well as many other skilled care needs.

Crossroads Church/Storehouse Daily Bread
2075 Morganton Blvd., Lenoir, NC 28645
Phone #: (828) 612-6802
Fax #: None Available
Website Address: None Available

Crossroads Church/Storehouse Daily Bread is a food pantry for families and individuals in Caldwell County-85% served are elderly or disabled. Participants must complete application, have a valid ID, and live in Caldwell County-will serve one time if live out of county. Our hours are 7:30 a.m. to 1:00 p.m. on Monday only.

Mountain Grove Baptist Church
2485 Connelly Springs Road, Granite Falls, NC 28630
Phone #: (828) 728-9557
Fax #: (828) 728-9557
Website Address: www.mountaingrove.org

Mountain Grove Baptist Church is a food pantry for families and individuals in need no matter what county you reside in. No appointment or referral needed. Must complete application and have photo ID. Hours are 2nd and 4th Tuesdays-5:30 to 7:30 PM.

Baptist Children's Homes – Care House
1120 Taylorsville Road, Lenoir, NC 28645
Phone #: (828) 754-7904
Fax #: (828) 757-0721
Website Address: www.bchfamily.org

BCH-Care House is a residential program for teen mothers and babies. They accept referrals but not needed; must have appointment. The resident must be in custody or placement responsibility of their local DSS. They will need a birth certificate, social security card, school info, and a physical exam within the past 30 days.

Caldwell County Library
120 Hospital Avenue NW, Lenoir, NC 28645
Phone #: (828) 757-1270
Fax #: (828) 757-1413
Website Address: www.ccpl.us

The Caldwell County Library provides a variety of books, periodicals, videos, tapes, and computers for use by residents of all ages in Caldwell County.

Caldwell Hospice and Palliative Care
Mailing Address: 902 Kirkwood Street NW, Lenoir, NC 28645
Phone #: (828) 754-0101
Fax #: (828) 757-3335
Lenoir Location: 902 Kirkwood Street, NW
Hudson Location: The Robbins Center, 526 Pine Mountain Road
Website Address: www.caldwellhospice.org

Caldwell Hospice and Palliative Care offers care programs for people facing serious illness in Caldwell and surrounding counties. **Caldwell Hospice** provides intense physical, emotional, and spiritual care for terminally ill patients and their families. Working with patients' physicians, CHPC's interdisciplinary team (physicians, nurse practitioner, registered nurses, certified nursing assistants, medical social workers, counselors, chaplains, and volunteers) serves patients in private residences, long-term-care facilities, hospitals, or CHPC's inpatient care units. **Caldwell Partnership for Palliative Care** offers consultative support to manage the physical symptoms and address social, emotional, or spiritual issues experienced by patients with chronic or debilitating illness; the palliative care team can consult with patients via telephone, through in-home visits, or at its Robbins Center outpatient clinic in Hudson. **Ashewood Grief and Counseling Services** of Caldwell Hospice and Palliative Care serves bereaved members of the community through workshops, educational and informational programs, and counseling sessions, as requested.

Caldwell UNC Memorial Hospital
321 Mulberry Street SW, Lenoir, NC 28645
Phone #: (828) 757-5100
Physician Referral Line #: (828) 757-5571
Website Address: www.caldwellmemorial.org

Caldwell UNC Memorial Hospital is proud to provide the quality healthcare you trust and the caring you deserve. Since opening in 1951, Caldwell Memorial Hospital has continued to grow and change in order to better meet the needs of our community. The mission of Caldwell UNC Memorial Hospital is to provide safe, effective, compassionate care and to promote healthy lifestyles to our community.

Anchored by a 110-bed acute care facility, Caldwell UNC Memorial Hospital's services include carotid artery stenting; surgery; neurology & memory care, pain management, a fully staffed 24-hour Emergency Department; Caldwell UNC Physicians' offices conveniently located county-wide; diagnostic services; outpatient surgery; PLUS Urgent Care; and The Quest4Life Wellness Center – just to name a few. Multiple educational and counseling programs are available for a wide array of healthcare needs including cancer, diabetes, nutrition, joint care, pre-natal classes and parenting skills.

Caldwell UNC Physicians is a division of Caldwell UNC Memorial Hospital. With practices in communities countywide, Caldwell Physicians provides the primary and specialty healthcare, diagnostics and treatments that you need in a convenient location close to you. Caldwell UNC Physicians includes: Caldwell Acute Care Specialists, Caldwell UNC Family Care Center, Caldwell UNC Internal Medicine, Caldwell UNC Urology Associates, The Falls Medical Park (including PLUS Urgent Care), The Falls Neurology & Memory Center, The Falls Pediatrics, The Falls Pulmonary Center, Hallmark Family Physicians, Main Street Medical Park, Mulberry Pediatrics, Southfork Medical Park and Westpointe Medical Practice.

If you need a personal physician, please call our referral line at 828-757-5571.

Services highlighted for youth include the following:

- *A Summit for the Health of Our Children* is a program of Caldwell UNC Memorial Hospital, Caldwell UNC Physicians and our community partners. *Summit* serves as an educational campaign to lower the rate of overweight and obesity in Caldwell County kids to the NC rate by 2013. To learn more or to take advantage of great resources that can help you Eat Smart and Move More, visit www.HealthyChildSummit.com.
- *Caldwell UNC Memorial Hospital* offers Camp Med annually through the county high schools. The program is an intensive introduction to careers in medicine for qualified applicants. Interested students should contact their high school advisor or guidance counselor.
- *The Quest4Life Wellness Center* provides an annual Camp Fit, an annual Cheerleading Camp, and has a number of youth ages twelve and over that participate in the fitness programs at the Center.
- *Volunteer Services* works with the Medical Explorers, serves as a site for the High School Shadowing Program, and has a Junior Volunteer Program.

Caldwell County Schools
1914 Hickory Blvd. SW, Lenoir, NC 28645
Phone #: (828) 728-8407
Fax #: (828) 728-0012
Website Address: www.caldwellschools.com

Caldwell County Schools provide educational services for students, kindergarten through grade 12 and limited services for pre-kindergarten. Programs, in addition to those listed below, include academic honors, tutorials, Exceptional Children, Career Technical Education, and English as a Second Language. Programs given special emphasis include the following:

Advanced Placement. High school students can earn college credit through advanced placement classes and exams.

Career Center Middle College. The Career Center Middle College is located on the campus of Caldwell Community College and Technical Institute. The Middle College is one of five public high schools and is operated by Caldwell County Schools. Students take both high school and college courses without the cost of college tuition. The primary emphasis is the study of career technical fields with opportunities provided to students to spend time in places of work.

Early College. The Caldwell Early College is a public high school located on the campus of Caldwell Community College and Technical Institute. The Early College offers a 5-year college-university prep course of study that culminates in two credentials: a high school diploma and an associate's degree in university transfer. Students are obligated for five years of enrollment, grades 9 through 13.

Gateway School. Gateway is an alternative school serving grades 6 through 12 located in the Dudley Shoals area. The school provides educational opportunities for students with special academic or behavioral needs.

Horizons Elementary. This elementary alternative school is the first of its kind in North Carolina for elementary-aged children who have special academic or behavioral needs.

Huskins Program. Students take courses provided by the local community college, earning both college and high school credits.

Internships. Students earn credits by completing internships of career interest. Internships are established in the junior or senior year.

High School Curriculum. More than 300 high school courses are offered to students in grades 9-12 ranging from Latin, Naval Science, SAT/ACT Prep to Advanced Placement Statistics and hundreds more courses in math, science, English, career/technical and special interest.

Student Services. Student services include drivers' education, hospital/homebound services, parenting classes, and services provided through nurses, social workers, and resource officers.

Special Programs/Activities. In addition to the above services, Caldwell County Schools also provides the following:

Project Lead the Way – This program is designed to benefit every middle school student in the Caldwell County School System by offering students the knowledge they need to excel in high-technology fields.

School Resource Officers – A full-time school resource officer is positioned at the three largest high schools, Gateway School, and all middle schools (grades 6-8) to provide additional security and safety for all students.

Project Graduation – Project Graduation is a unique, alcohol/drug free celebration held after high school graduation for all graduating seniors in Caldwell County that is completely supported by area businesses, organizations, and individual donors.

PAVE – People Actively Volunteer in Education is a system wide volunteer program that places thousands of upstanding community and parent volunteers in the 26 public schools in Caldwell County where approximately 90,000 volunteer hours are contributed each school year.

Caldwell County Department of Social Services
2345 Morganton Blvd. SW, Suite A, PO Box 200 Lenoir, NC 28645
Phone #: (828) 426-8200
Fax #: (828) 426-8398
Website Address: www.caldwellcountync.org/social-services

The mission of the Caldwell County Department of Social Services is two-fold:

- (1) To help families and individuals optimize their self-reliance and self-sufficiency, and
- (2) To protect vulnerable people – particularly children, older adults, and the disabled – from abuse, neglect, and exploitation.

Adolescent Parenting Program (APP)

Adoption

Adult Care Home Monitoring

Adult Day Care

Adult Medicaid

Adult Placement Services

Adult Protective Services

Baptist Children's Homes of NC, Inc.

Carolina ACCESS (Managed Care)

Case Management

Child Care Assistance

Child Protective Services (CPS)

Child Support

Community Alternatives Program (CAP)

Emergency Assistance

Family & Children's Medicaid

Food Stamps/Electronic Benefits Transfer

Foster Home Licensing

Foster Care

Guardianship

Low Income Energy Assistance Program (LIEAP)

Managed Care (Carolina ACCESS)

Medicaid for Adults

Medicaid for Families and Children

Medicaid Transportation

Program Integrity

Work First Family Assistance (WFFA)

Caldwell County Health Department
2345 Morganton Blvd. SW, Suite B Lenoir, NC 28645 Phone #:
(828) 426-8400
Fax #: (828) 426-8450
Website Address: www.caldwellcountync.org/health-department

The Caldwell County Health Department provides a variety of services for Caldwell County Residents. Services provided include the following:

- **Dental Clinic.** Basic preventative and restorative dental services are provided for children between the ages of 4-18 who are enrolled in North Carolina Health Choice or Medicaid the ages of 28.
- **Health Check.** Sends notices to parents of Medicaid eligible children (age 0 to 20) notifying them of scheduled screening appointments, immunizations, missed referrals, and other available services the child may need.
- **Health Education.** The Health Education team strives to promote and educate citizens on healthy lifestyle choices related to nutrition, physical activity, tobacco cessation, preventative screenings, STD awareness, healthy pregnancies, and a variety of other health-related issues. We work to prevent the disease rather than treat the disease. We partner with multiple community agencies such as Caldwell Memorial Hospital, Quest-4-Life, Helping Hands Clinic, Family Resource Center, and many others to teach classes, provide information at health fairs, and conduct screenings. We are a resource for many agencies and businesses that are trying to change the health of their employees and clients. Many of our materials are free and easily duplicated and are simple to follow. For more information on classes or workshops, please call (828) 426-8462.
- **Adult Clinic Services.** Services include
 - Breast and Cervical Center Control Program (BCCCP) providing clinical breast exam and pap smear.
 - Mammograms for financially eligible women 50 years or older. A component of the program may include cardiovascular screening for cholesterol, triglycerides with nutritional counseling.
 - Acute primary care for adults and children.
 - Kindergarten, Sports, Daycare Physicals and Well-Child Checks.
 - Family Planning Services
 - Adult and child immunizations.
 - Communicable and sexually transmitted disease follow-up.
 - Blood pressure clinic and education programs at county nutritional sites.
- **Child Health.** Programs provide field service to qualifying children birth 21 years of age in the home, daycare, or school setting.
 - **Child Service Coordination** is a free and voluntary program that helps families with children ages birth through 5 years of age. Children ages 3 to 5 years of age must have medical diagnosis to qualify for the program. The nurse or social worker helps families identify strengths and concerns through home visiting, telephone calls, or other personal contacts. The nurse or social workers also serves as a link between the child and his or her primary physician. Services include developing a plan of care to help meet identified needs, such as securing housing, referring for financial assistance, specialized therapies, and providing support. Children may be referred for the Child Service Coordination Program through a variety of agencies and/or individuals. These include: family members, hospitals, doctors, nurses, early intervention programs, childcare programs, or other community agencies. Child Service Coordinators also work with children birth through 3 years of age that are enrolled in the NC Infant Toddler Program. Nurses who work with these children provide weekly visits the focus on developmental enhancement known as specialized instruction. Child Service Coordination nurses also provide newborn/postpartum home visits. A designated nurse visits the local hospital daily to schedule a postpartum home visit.

- ***The Maternal Health Clinic*** provides prenatal care for pregnant women with referral to OB/GN or Midwives for delivery. Our prenatal clinic has highly skilled staff to meet the needs of the clients including, comprehensive exams, testing including ultrasounds and lactation and diabetic education. Educational classes are also offered including Prepared Childbirth and Parenting classes taught by our highly skilled staff.
- ***The School Health Nurses*** work with more than 13,000 students enrolled in the Caldwell County School System. Current school nurse to student ratio is 1 school nurse to 1200 students. Services include vision and dental screenings and follow-up, monitoring of immunization status for all school age children, presenting health education programs, assisting in the management of chronic diseases such as asthma, diabetes, seizures, etc. School nurses may offer immunization clinics throughout the school year, such as flu vaccine. School nurses may also provide home visits as needed.
- ***An Immunization Coordinator*** works with the Child Health Team. The goal of this position is to monitor immunization status of children through the age of two. The Immunization Coordinator also works with local providers in accessing the NCIR (North Carolina Immunization Registry).
- **Prenatal (Baby Love) Care.** The program helps you get the services that are needed. The maternity care coordinator provides information about Medicaid benefits, prenatal care, WIC services, transportation, information about pregnancy, parenting and Lamaze classes. Participants are on the Baby Love Program until 60 days after delivery.
- **WIC and Nutrition Services.** This service provides nutrition counseling and supplemental food vouchers for women who are pregnant, post-partum, or breastfeeding, as well as infants and children up to the age of five years of age who meet financial eligibility requirements and who are at nutritional risk.
- **Environmental Health. Onsite Water Protection**-Issue permits for new septic systems and existing systems. **Well Program**-Issue permits for new private drinking water wells and repairs to existing wells. **Food and Lodging**-Inspect restaurants, motels, bed and breakfasts, institutions, hospitals, school cafeterias, and summer camps to insure sanitation standards are met. **Swimming pools**-Inspect and permit swimming pools to insure sanitation and safety standards are met. **Tattoo Parlors**-Inspect and permit tattoo parlors to insure sanitation standards are met. **Child Daycares**-Inspect licensed daycares and before and after school programs to insure sanitation standards are met. **Childhood Lead Protection**-Conduct investigations to determine the source of reported cases of elevated blood lead levels in children. For more information, call (828) 426-8572.
- **Animal Control:** Caldwell County Animal Control serves all municipalities and townships within Caldwell County. We are staffed with five (5) field officers, four (4) support staff, and one (1) director. We work in conjunction with local veterinarians, the Caldwell Humane Society, and other non-profit organizations to promote responsible pet ownership. Our mission statement is: "To protect the citizens and animals of Caldwell County through the promotion and enforcement of responsible pet ownership." To accomplish this, we offer the following services:
 - Rabies exposure investigations and referrals
 - Investigation of animal bites and quarantine observation
 - Removal of stray or unvaccinated dogs and cats
 - Host at least two (2) reduced cost rabies clinics each year
 - Investigate and prosecute cruelty to animals
 - Provide animal adoption and fostering opportunities, and
 - Host educational programs and shelter tours

We envision the day when Caldwell County citizens will no longer be subjected to the dangers and nuisances from irresponsible pet ownership, our animals will no longer suffer from abuse or neglect, and every pet born will be assured a home with a loving caring family. We are committed to ensuring that quality animal control services are provided to you. We are dedicated to continue to protect Caldwell County's animals and promote responsible pet ownership. We live in your communities and are your friends and neighbors. We are...Caldwell County Animal Care & Control. For more information, contact Greg Greene, Director, at (828) 757-8627, Option #1.

North Carolina Division of Services for the Blind
P.O. Box 200, 2345 Morganton Blvd. SW, Suite A, Lenoir, NC 28645
Phone #: (828) 426-8316
Fax #: (828) 8398
Website Address: www.ncdhhs.gov/dsb/contacts/swbcontacts.htm

The agency provides direct services and case management to individuals of all ages who are visually impaired or visually/hearing impaired. Primary services to youth include the Independent Living program and securing eyeglasses/eye care if they are not medically covered through other state programs. Social Workers refer students as needed to Vocational Rehabilitative Services through the Vocational Rehabilitation Program of NC Services for the Blind.

Women's Resource Center
Mailing Address: PO Box 1608
Physical Address: 125 3rd St. NE, Hickory, NC 28601
Phone #: (828) 322-6333 ext. 202
Fax #: None Available
Website Address: www.wrchickory.org

Women's Resource Center is a not-for-profit organization that exists to improve women's lives and empower them to achieve their fullest potential. Their services include resource and referral services, support groups, workshops, personal hygiene pantry, and our Women2Work clothing closet...just to name a few.

Caldwell Family Resource Center
609 Harper Avenue, Lenoir, NC 28645
Phone #: (828) 757-8632
Fax #: (828) 757-8633
Website Address: www.fipp.org

The Family Resource Center, Operated by Family, Infant, and Preschool Program (FIPP) offers parent-child playgroups, early learning activities, parenting education, screening and assessment, information about child development and support groups. Activities are provided free of charge to families with young children.

Safe Kids
P.O. Box 2200, Lenoir, NC 28645
Phone #: (828) 757-1424

Pendry's Funeral Home – LIFT Program
522 Wilkesboro Blvd., Lenoir, NC 28645
Phone #: (828) 754-3441

Lenoir Fire Department
602 Harper Ave NW, Lenoir, NC 28645
Phone #: (828) 757-2191

**Family Caregiver Program
Western Piedmont Council of Governments
P.O. Box 9026
Hickory, NC 28603
Lenoir Aquatic and Fitness Center
1031 Jim Barger Dr. NE, Lenoir, NC 28645
Phone #: (828) 757-2196**

**Whitnel United Methodist Church Preschool
1373 Delwood Dr. SW, Lenoir, NC 28645
Phone #: (828) 754-5515**

**Caldwell Committee for Healthy Families
609 Harper Ave., SW, Lenoir, NC 28645
Phone #: (828) 757-8632 ext. 19
Website Address: caldwellcommittee.tripod.com**

The Caldwell Committee for Healthy Families aims to prevent child abuse and neglect through education and awareness projects. The Committee offers parent education classes, a lending library and maintains relationships with similar agencies and groups to provide activities that promote the prevention of child abuse and neglect in Caldwell County.

**Caldwell People
Phone #: (828) 758-9300
Website Address: www.caldwell-unitedway.org**

Caldwell People provides needy children with the opportunity to participate in school or church activities. These activities may include field trips, team sports, music lessons, special testing or tutoring. The agency exists to help children who have no one to provide the things that would make life easier and more enjoyable. To make a donation or get involved, contact the United Way at 828-758-9300.

**Dulatown Outreach Center, Inc.
P.O. Box 679, Lenoir, NC 28645
Phone #: (828) 758-2482
Website Address: www.dulatownoutreachcenter.com**

Dulatown Presbyterian Outreach Center, Inc. has three locations which were established to offer services to working parents with young children, families with elderly parents needing day care assistance, children with learning disabilities, children who have encountered child abuse and neglect, a nutrition program to address the undernourished and hungry, as well as other human services.

**Youth Development Services
Caldwell County 4-H Development Association
120 Hospital Ave.-#1, Lenoir, NC 28645
Phone #: (828) 757-1290
Website Address: caldwell.ces.ncsu.edu**

4-H is a youth development program that works through educational projects and group activities. It gives youth in the county (ages 5-19) a chance to learn life skills by doing. The goal of 4-H is to help youth develop as individuals, and as responsible and productive citizens in their communities.

**Caldwell Hospice & Palliative Care
902 Kirkwood Street, NW, Lenoir, NC 28645
Phone #: (828) 754-0101
Fax #: None Available
Website Address: www.caldwellhospice.org**

The mission of Caldwell Hospice and Palliative Care is to provide a loving, caring atmosphere for the terminally ill, their caregivers, and families in a location appropriate for their respective needs; to relieve the emotional and physical pain of those who come into our care; to project an attitude of goodness and openness to the community so that all who need us will feel welcome and confident of our professional abilities and advocacy for patient-directed care until life's end; to educate the community about hospice, and to serve as a leading resource for dying and grief issues. Hospice acknowledges our Christian basis, and as such, our overall purpose is to demonstrate the unqualified love of Jesus Christ in all that we do.

Caldwell Hospice is a not-for-profit organization licensed by the State of North Carolina, certified by Medicare and accredited by the Accreditation Commission for Health Care.

EMERGENCY ASSISTANCE

Caldwell County Yokefellow, Inc.

P.O. Box 2442, Lenoir, NC 28645

Phone #: (828) 754-7088

Fax #: (828) 754-7158

Website Address: www.yokefellowofcaldwellco.org

Yokefellow's mission is to minister to the emergency needs of low income residents in Caldwell County-excepting that portion served by South Caldwell Christian Ministries. This is done by providing emergency food, clothing, household goods, and financial assistance primarily for fuel, utilities, rent, and medical needs. Caldwell County Yokefellow, Inc. is a 211 United Way Agency.

Lenoir Soup Kitchen

P.O. Box 1054

1113 College Avenue, Lenoir, NC 28645

Phone #: (828) 758-1411

Fax #: None Available

Supplies assistance to the less fortunate of our community with lunch Monday-Friday from 11AM to 12 noon. We accept donations Monday-Friday 8:30AM to 12:30PM. We are a United Way agency.

Shelter Home of Caldwell County

P.O. Box 426, Lenoir, NC 28645

Phone #: (828) 758-0888

Fax #: (828) 758-8949

Website Address: www.shelterhomecc.org

The Shelter Home provides safe shelter, food, clothing, counseling, education, support, referrals, legal and human services, advocacy for victims of domestic violence, rape and sexual assault, as well as their children. Also provided are a 24-hour crisis line, support groups, and community education programs targeted at breaking the cycle of violence. The self-help program enables victims to establish and work toward achieving personal goals while living in a violence free environment with their children.

South Caldwell Christian Ministries

P.O. Box 359

5 Quarry Road, Granite Falls, NC 28630

Phone #: (828) 396-4000 or (828) 396-4020

Fax #: (828) 313-0703

The ministry serves the needs of the people in Southern Caldwell County through the cooperative efforts of member churches, United Way, individuals, schools, non-profit groups, businesses, and the public. Assistance is provided through clothing, diapers, financial assistance, food, fans, furniture, household needs, school supplies, A/C (elderly or handicapped only), monthly food delivery to the elderly, counseling, budgeting, referrals, and follow-up.

The Salvation Army
4370 Hickory Blvd., Granite Falls, NC 28630
Phone #: (828) 322-8061
Website Address: www.salvationarmy.org

The Salvation Army offers assistance in paying portions of light, rent, utility bills, and makes referrals to other agencies. Helps burn-out and disaster victims with furniture. Emergency food through food pantry and will assist with heart and diabetic medications only when funds are available. Their hours are Monday-Tuesday 9:00 a.m. to 5:00 p.m.

Rape Crisis Center of Catawba, Inc.
848 Highland Avenue NE, Hickory, NC 28601
Phone #: (828) 322-6011
Fax #: (828) 322-1704
Website Address: www.rapecrisiscenter.com

The Rape Crisis Center of Catawba County is a very progressive grassroots non-profit organization, working to make positive impacts in the lives of those living in Catawba County, North Carolina. Our primary service is to the victims of sexual assault and rape. These services are designed to assist the victim throughout his/her period of healing. Some of our services, to victims of sexual assault, include: 24-hour crisis intervention, support services & referrals, support groups, case management, therapy, court accompaniment, and online counseling. Since 1997, we have also provided resource & referral and online counseling services to individuals of sexual assault through our website. Because of our site, we have been able to reach out to individuals as far away as Ireland with information critical to living after being sexually assaulted and/or raped.

We also work to stop sexual violence where it starts, in our communities. Through progressive educational programming, we are able to educate members of the public about sexual violence and things that can be done to stop it. Our Outreach Department is busy every month educating groups of people - from school-aged children to groups of senior citizens - about sexual assault and how we can all join together to stop it.

In addition to the many programs and services we offer, Rape Crisis Center of Catawba County also coordinates our local Sexual Assault Response Team (S.A.R.T.). S.A.R.T. is a county-wide initiative designed to build communication and collaboration between agencies serving victims of sexual assault. Working with community leaders and agencies, we hold a bi-annual regional conference for S.A.R.T. professionals to provide up-to-date training and materials to keep the cycle of service open to all victims of sexual assault.

Our agency is dynamic, progressive, and on the cutting edge of meeting the needs of our clients. The following pages in this section will provide you with more detail about what exactly Rape Crisis Center of Catawba County is doing for you. We hope that through this information, you will understand why we are here and in the unfortunate event you become a victim of sexual assault - you can know and trust that Rape Crisis Center will be here with you. Our job is complex, but easily captured when we say: "Turning victims into SURVIVORS!"

More Aid to Victims of Sexual Assault

Name of Agency	Area	Phone #
Options	Burke	(828) 438-9444/Emergency 911
Burke United Christian Ministries	305 W. Union Street Morganton, NC	(828) 433-8075
Careline-State Human Resources	Raleigh	(800) 662-7030
Cliffhaven Shelter (Burke County)	Morganton	(828) 438-9444
Christian Crisis Center of Alexander County	215 5 th Ave. SW Taylorsville, NC	(828) 632-0022
Cooperative Christian Ministry	245 East N Street Newton, NC	(828) 465-1702
Domestic Violence Alexander County	126 D SW 7 th Street Taylorsville, NC	(828) 635-8850 Crisis Line: (828) 635-8881
Family Guidance Center	17 US Hwy 70 SE Hickory, NC	828-322-1400 Evenings & Weekends: 828-228-1787

American Red Cross
1144 Morganton Blvd. SW, Lenoir, NC 28645
Phone #: (828) 754-4161
Fax #: (828) 757-0966
Website Address: www.catawbavalleyarc.org

Each year, the American Red Cross responds immediately to more than 70,000 disasters, including house or apartment fires (the majority of disaster responses), hurricanes, floods, earthquakes, tornadoes, hazardous materials spills, transportation accidents, explosions, and other natural and man-made disasters. The Red Cross also feeds emergency workers, handles inquiries from concerned family members outside the disaster area, provides blood and blood products to disaster victims, and helps those affected by disaster to access other available resources. American Red Cross offers service to armed forces by arranging emergency leave for military personnel in times of family crisis.

Caldwell County Sheriff's Department
2351 Morganton Blvd. SW, Lenoir, NC 28645 Phone #:
(828) 758-2324
Fax #: (828) 757-8685
Website Address: www.caldwellcountync.org/sheriff

Caldwell County Sheriff's Department provides law enforcement and crime prevention services to all ages of Caldwell County. The Department provides the DARE program at the Elementary and Middle School Level. The Department also provides Resource Officers at each High School.

Lenoir Police Department
1035 West Avenue, Lenoir, NC 28645
Phone #: (828) 757-2100
Fax #: (828) 757-2103
Website Address: www.cityoflenoir.com

The Lenoir Police Department provides law enforcement and crime prevention services. The department participates in the Explorer's Program, and DARE. Resource Officers are provided at Hibriten and William Lenoir Middle School. The officers work closely with the SAVE Program. The department is also a site for Internships, both High School and College, and the Shadowing Program.

Olive Hill Community Economic Development Corporation (OHCEDC)
309 Colombo St. S.W. Suite 110 Valdese, NC 28690
Phone #: 828-522-4051
Fax #: 828-522-4070
Website Address: <https://www.facebook.com/OliveHillCEDC>

To engage in the comprehensive revitalization of low and moderate income communities through:

- Business development
- Affordable housing
- Employment development training
- Cultural enhancement
- Social/human services

To raise the responsiveness of public/private institutions through the following:

- Research and information
- Economic empowerment projects
- Small business development and the creation
- Provide access to capital through community partnerships
- Building local leadership and community ownership

YOUTH ORGANIZATIONS & SERVICES

Shelter Home of Caldwell County
P.O. Box 426, Lenoir, NC 28645
Phone: 828-758-0888
Fax: 828-758-8949
Website Address: www.shelterhomecc.org

The Shelter Home of Caldwell County exists to work toward the elimination of domestic violence, and to provide emergency and support services for victims/survivors of domestic violence, rape and sexual assault and their children.

Piedmont Council – Boy Scouts of America
PO Box 1059, Gastonia, NC 28053
Phone #: (704) 864-2694
Website Address: www.piedmontcouncilbsa.org

The council offers educational opportunities and services for youth ages 6 to 21. It is the mission of the Boy Scouts of America to serve others by helping to instill values in young people and in other ways to prepare them to make ethical choices over their lifetime and to achieve their full potential. (www.PiedmontCouncilBSA.org)

Girl Scouts Catawba Valley Area Council, Inc.
530 4th Street NW Hickory, NC 28602
Phone #: (828) 328-2444
<https://www.girlscoutsp2p.org/>

In Girl Scouts, girls discover the fun, friendship, and power of girls together. Through a myriad of enriching experiences, such as extraordinary field trips, sports skill-building clinics, community service projects, cultural exchanges, and environmental stewardships, girls grow courageous and strong. Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others.

Help for Troubled Teens

Agency Name	Area	Phone #
Teen Help	National	800-828-8173
Teens in Crisis	National	800-585-1172
Parent Resources Hotline	National	800-793-5156
Instructional Assistance	Burke	828-433-1321
Instructional Assistance	Catawba	828-327-6715
Juvenile Justice and Delinquent Prevention	Alexander	828-632-8236
Juvenile Justice and Delinquent Prevention	Caldwell	828-757-1351
Juvenile Justice and Delinquent Prevention	Catawba	828-433-7893
National Runaway Switchboard	National	800-786-2929
Catawba County Parenting Network	Catawba	828-465-9295
NC Cooperative Extension	Alexander	828-632-4451
NC Cooperative Extension	Burke	828-439-4460
Phoenix Group Home for Boys	Burke	828-584-1589
Phoenix Group Home for Girls	Burke	828-584-4571
Straight Talk	National	800-427-5979

SENIOR CITIZENS & HANDICAPPED SERVICES

Adult Life Programs (Adult Daycare)
P.O. Box 715
1002 Kirkwood St. NW, Lenoir, NC 28645
Phone #: (828) 758-5855
Fax #: (828) 758-5855
Website Address: www.adultlifeprograms.com

Adult Life Programs provides day services for elderly individuals and adults with disabilities and is located at the campus of First Presbyterian Church in Lenoir. Through participation, individuals delay or prevent institutional placement, avoid isolation and depression and remain independent. Caregivers receive respite and are able to remain employed while still caring for their loved one. Free trial visit available. The agency provides a safe and loving environment for the participants and peace of mind to their loved ones.

Winston-Salem Urban League
304 Main St NW, Suite 402 Lenoir, NC 28645
Phone #: (828) 292-5029
Website Address: www.wsurban.org

The mission of the Winston-Salem urban League is to empower and advocate for a diverse community, to promote socioeconomic progress and parity through education, training and civic engagement.

Information and Assistance for Older Adults in Caldwell County
Caldwell Senior Center
650-A Pennton Avenue
P.O. Box 933
Lenoir, NC 28645
Phone #: (828) 757-8635
Website Address: www.caldwellseniorcenter.org

The center provides information and assistance about Caldwell County resources, services and programs that are available for seniors, caregivers, senior service providers, individuals, civic groups, churches, etc.

Appalachian RSVP (The Retired and Senior Volunteer Program)
452 Harper Avenue
P.O. Box 972, Lenoir, NC 28645
Phone #: (828) 754-3000
Fax #: (828) 754-4554

This agency recruits, places and supports volunteers 55 years of age and better in educational, health-related, and other non-profit agencies throughout the county. While serving as an advocate for older adults, the agency helps to fill community needs by supplying assistance to the staff of forty-two community agencies. Appalachian RSVP is a Senior Corps Program with the Corporation for National and Community Service.

Senior Nutrition Sites

Name	Address	Phone #	Contact Name
Koinonia Nutrition Site	318 N. Main Street Lenoir, NC 28645	(828) 758-2617	Janice McLean
Martin Luther King Center	122 Greenhaven Drive NW Lenoir, NC 28645	(828) 757-2170	Alicia Felder
Kings Creek Baptist Church	4698 Kings Creek Church Road Lenoir, NC 28645	(828) 754-6682	Beatrice Helton
Granite Falls Recreation Center	55 Pinewood Road Granite Falls, NC 28630	(828) 396-1221	Floretta Dula

Senior nutrition sites are located at the four above mentioned congregated meal sites throughout the county. For information, contact Nutrition Director for Blue Ridge Community Action, Mary Wright at 754-9085 ext. 226.

Western Piedmont Council of Governments
736 4th Street SW, Hickory, NC 28602 (Location)
PO Box 9026, Hickory, NC 28603 (Mailing)
Phone #: (828) 322-9191
Fax #: (828) 322-5991
Website Address: www.wpcog.org

The Western Piedmont Area Agency on Aging (AAA) is an organization working on behalf of older adults and their families in Alexander, Burke, Caldwell, and Catawba Counties. Our Mission is to be responsive to the changing needs of older people, persons with disabilities, and their families through a community based system of supports and services. To listen carefully, respect individual choice, promote independence and assist younger citizens in planning for their later years.

Medicaid

Alexander.....828-632-1080
 Burke.....828-439-2000
 Caldwell.....828-426-8200
 Catawba.....828-695-4435

Medicare Social Security Administration

All Counties.....800-772-1213

Aid to the Blind

Burke.....828-439-2000

Community Rehabilitation of Caldwell County

Caldwell.....828-757-5680

Comm Serve

619 Benton Ave., Lenoir.....828-757-0209

Econo-Force Industrial Services

Catawba.....828-465-0371

Gateway Opportunities

2764 Morganton Blvd., Lenoir...828-757-3234

Independent Living Rehabilitation Program

Mountain View.....828-294-0338

Leader Dogs for the Blind

National

Rochester, Mi.....248-651-9011

Toll Free.....888-777-5332

Lions Club Services

National.....800-662-7401

NC Eye and Human Tissue Bank

Winston Salem.....336-765-0932

NC Library for the Blind and Physically Handicapped

National.....888-388-2460

Raleigh.....919-733-4376

General Information

Agency Name	Area	Phone #
Social Security Administration	All Counties	800-772-1213
Alexander County Senior Center	Taylorsville	828-632-1717
Area Agency on Aging	Hickory	828-322-9191
Caldwell Senior Center	Lenoir	828-758-2883
Catawba Co. Council on Aging	Hickory	828-328-2269
Morganton/Burke Senior Center	Morganton	828-430-4147
Daytimers Adult Day Health Program-Abernathy Center	Newton	828-465-8505

ComServ Residential Services

619 Pennton Avenue SW, Lenoir, NC 28645

Phone #: (828) 757-0319

Website Address: www.comserve.org

ComServ Residential Services is a residential program for developmentally disabled. CRS accepts medical and DSS referrals. An appointment is needed. A resident is required to go through the intake process. A referral is required.

SUPPORT GROUPS

Caldwell County Autism Society (828) 256-1566

Family Support Network 1-800-822-3477 or (828) 757-8632 ext. 400

Breast Cancer/Cancer Support Groups (828) 757-5443 Contact Crystal Dula, RN for more information

“Arm In Arm” Breast Cancer Support Group - 3rd Monday at 6:00 pm at Wig Bank of Caldwell County

“Reach To Recovery” Mastectomy Support Group

“Future’s Unlimited” Cancer Support Group

“I Can Cope” Cancer Support Group

“Look Good...Feel Better”

Foothills Area Brain Injury Support Group (828) 758-0463 Contact Pam Gilbert

AIDS Leadership Foothills Area (ALFA) 1-800-473-1447 or (828) 322-1447

Bereavement Support Groups
Offered through the Caldwell County Hospice (828) 754-0101

FUNDRAISING, INFORMATION, REFERRAL & ADMINISTRATIVE SERVICES

United Way 2-1-1

Email Address: www.nc211.org

Have you ever wondered how to find help or a community service for yourself or someone in need? There are nearly 20,000 nonprofits in North Carolina. The first step in finding help is knowing who to call. 9-1-1 is for emergencies, 4-1-1 is for directory assistance and 2-1-1 is for finding community health and human service resources. Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.

United Way of Caldwell County

108 Crestline Place NE, Lenoir, NC 28645

Phone #: (828) 758-9300

Fax #: (828) 758-9097

Website Address: www.caldwell-unitedway.org

Coordinates fund-raising efforts for Caldwell County, offers information and referral services and assists in community problem solving. The budget comprises all expenses incurred by the office including campaign expenses. Raised funds are distributed to various local health and human service organizations.

HOUSING

Smoky Mountain Center
825 Wilkesboro Blvd NE, Lenoir, NC 28645

Phone #: (828) 759-2160

Fax #: (828) 759-2161

Website Address: www.smokymountaincenter.com

Our mission is to promote an environment that offers high quality services, supports, and resources to enhance an individual's ability to reach their full potential and live as valued members of the community by working in partnership with our communities, providers, and individuals with, or at risk of, mental illness, challenges, and their families.

Locating affordable housing can be challenging, but the **Internet** can be a great resource for local housing and other service options.

The N.C. DHHS' Information and Referral Telephone Service

- 1-800-662-7030 (English/Spanish)
- 1-877-452-2514 (TTY)
- 919-855-4400 (local calls)
- <http://www.ncstroke.org/files/pdf/CARE-LINE.pdf>

N.C. Housing Search:

- <http://www.nchousingsearch.com>
- 1-877-428-8844

N.C. Housing Coalition:

- <http://www.nchousing.org>
- 1-888-313-4956
- 929-881-0707 (local calls)

N.C. Housing Finance Agency:

- <http://www.nchfa.com>

US Department of Housing and Urban Development:

- <http://portal.hud.gov/portal/page/portal/HUD/>
- 1-800-440-8091

US Department of Agriculture Rural Development:

- <https://www.rd.usda.gov/>

Blue Ridge Community Action
800 N. Green Street, Morganton, NC 28655
Phone #: (828) 438-6255 or (828) 754-9085
Fax #: (828) 433-5721
Website Address: www.brcainc.org

Service Area: Burke and Caldwell Counties (Limited services in Alexander and Catawba)

Business Hours: Monday thru Friday 8:00 AM – 5:00 PM

Services: Provides a variety of services for low-income families and individuals including child care, home energy savings repairs, information and referral, and nutrition programs for the elderly. Eligibility varies by program.

Programs: Child care, Head Start, Weatherization Assistance, Congregate Nutrition, Home Delivered Meals, Adult Day Care, affordable rental units, information and referral, and self-sufficiency.

Caldwell Halfway House
951 Kenham Place SW, Lenoir, NC 28645
Phone #: (828) 754-5148
Fax #: (828) 757-3848
Website Address: www.thecaldwellhouse.com

The halfway house is not a homeless shelter. We are for men that have been treated for alcohol or dry problems.

Caldwell County Habitat for Humanity
1002 Kirkwood Street NW, Lenoir, NC 28645-5123
Phone #: (828) 758-8757
Fax #: (828) 758-9893
Website Address: www.caldwellhabitat.org

Habitat is a Christian housing ministry that empowers individuals, families, and our community to build simple, decent houses with families in need.

Habitat Resale Store
1216 Harper Ave NW Lenoir, NC
Phone #: (828) 758-0703
Fax #: None Available
Hours: Friday & Saturday 9:00 a.m. to 4:00 p.m.

National Foundation for Debt Management
www.nfdm.org

Neighborhood Assistance Corporation of America
www.naca.com

Homeownership Preservation Foundation

888-995-HOPE

www.995hope.org

Caldwell Home Services

Phone # (828) 728-0168

Website Address: www.caldwellhomeservices.com

Lenoir Housing Authority

431 Vance Street, Lenoir, NC 28645

Phone #: (828) 758-5536

Fax #: (828) 758-5696

Website Address: None Available

The Lenoir Housing Authority provides subsidized housing for persons meeting income eligibility. Special programs for youth living in the authority include the following: Kings and Queens Club, and "one on one" assistance by staff in filling out paperwork for college applications and scholarships. The Kings and Queens Club is a youth group in the authority. They participate in trips and special outings. Volunteers on the residence council serve as mentors.

LEOS - Lenoir Emergency Outreach Shelter

1192 West Ave Lenoir, NC 28645

Phone #: (828) 726-3634

Fax # 726-3635

Program of Caldwell County Yokefellow: LEOS is Caldwell county's first full service permeant emergency shelter to serve men, women and children, entire families under one roof!

EDUCATION, CAREER PLANNING, TRAINING, AND JOB PLACEMENT RESOURCES

NCWorks Career Planning & Placement Center

1909 Hickory Blvd., Lenoir, NC 28645

Phone #: (828) 759-4680

Fax #: (828) 726-8371

Website Address: www.ncworks.gov

The Caldwell County NCWorks Career Planning and Placement Center provides valuable information for both job seekers and employers. The one-stop center offers an easy, convenient approach for those who need help with a variety of employment and training needs in a customer-friendly atmosphere. NCWorks Career Planning and Placement Center provides comprehensive career planning, training and job placement resources to Caldwell County residents and employers.

Let the Caldwell County NCWorks Career Planning and Placement Center help you **Explore Your Future**. The Center offers:

Career Planning

- Individual or group career counseling
- Career assessments and exploration

Training and Job Readiness Services

- Preparation for Career Readiness Certification
- Job-seeking skills workshops
- Computer software tutorials
- Workplace skill enhancement using KeyTrain curriculum
- Resume consultation and preparation

Career Resource Center

- Occupational and career information
- Internet sites for job search and career planning
- Job-seeking skills information
- Educational resources
- Computerized career self-assessments
- Employability lab
- Computer literacy lab

Job Referral Services

- On-site Employment Security Commission services
- Local/State job listings
- Internet job sites
- Networking strategies
- Job Development

Services for Businesses

- Job fairs
- On-site interviewing
- Job placement assistance
- Dislocated worker services
- WorkKeys profiling, assessment & skill training

NCWorks Career Planning & Placement Center Partners:

- Blue Ridge Community Action – www.brcainc.org (828) 438-6255
- Caldwell Community College & Technical Institute – www.cccti.edu (828) 726-2200
- Department of Social Services – www.caldwellcountync.org/social-services (828) 426-8200
- Division of Workforce Solutions – Lenoir – www.nccommerce.com/workforce (828) 759-4680
- Vocational Rehabilitation Services – www.ncdhhs.gov/divisions/dvrs (828) 294-0120
- Western Piedmont Workforce Development Board – www.westernpiedmontworks.org (828) 322-9191
- Winston-Salem Urban League – www.wsurban.org (828) 757-5622
- Caldwell Economic Development Commission – www.caldwelledc.org (828) 728-0768
- Caldwell County Schools – www.caldwellschools.com (828) 728-8407
- Caldwell County Chamber of Commerce – www.caldwellcochamber.org (828) 726-0616
- Workforce Investment Act- www.thecogcon.com (828) 256-3436
- Goodwill Industries of Northwest North Carolina, Inc. – www.goodwillnwc.org (828) 465-0371

Caldwell Community College and Technical Institute

2855 Hickory Blvd., Hudson, NC 28638

Phone #: (828) 726-2200 (Caldwell) or (828) 264-7670 (Watauga)

Fax #: (828) 726-2216

Website Address: www.cccti.edu

Whether you're ready to begin your college experience, train for a new career, update your skills, earn your GED or take a class for fun, CCC&TI is the place to be. Serving both Caldwell and Watauga counties since 1964, CCC&TI has campuses located in both Hudson and Boone, North Carolina.

Curriculum programs (e.g., associate degrees, diploma and certificate programs)

Continuing Education occupational programs and courses (e.g., Nurse Aide, IT Institute, Construction Trades)

Basic Skills Center provides instruction in Adult Basic Education, General Education Diploma (GED), Adult High School Diploma, and English as a Second Language (ESL).

Human Resources Development (HRD) courses provide free employability skills training to unemployed individuals, dislocated workers, and those working but earning wages below federal poverty standards. The courses provide training that covers six core components: skills assessment and career development, resume writing and interviewing, self-esteem and work ethics, team work, problem solving, and computer/internet literacy. HRD provides an emphasis on soft and technical skills training.

New and Expanding Industry Training Program (NEIT) and Focused Industrial Training Program (FIT) focuses on employer services.

Small Business Center (SBC) serves anyone who is interested in starting a small business.

The Career Readiness Certificate (CRC) certifies core employability skills.

Academic Support Center and Student Support Services

Appalachian State University Center offers undergraduate and graduate degree programs.

ESL: ESL (English as a Second Language) classes are for non-native students who need to learn to speak, read, or write English. Beginning, intermediate, and advanced classes are available. Classes focus on reading, writing,

conversation, vocabulary, and grammar. An ESL computer lab is available for additional study, and an online ESL class is also offered. For more information, please contact Melissa Darling at 828-726-2246.

A United States Citizenship preparation class is available for students who need assistance in preparing for the U.S. Citizenship interview. Students should be at an intermediate level of English to take this class. Please contact Melissa Darling at (828) 726-2246 if you would like more information.

Family Literacy: GED, English as a Second Language, parenting and life skills instruction for parents, and preschool and school enhancement activities for children (ages 6 weeks through 7 years old) are provided at the Family Resource Center and Whitnel Elementary School. Classes and materials are free, and transportation and lunch are provided. Call 757-8632 for additional information.

Adult Basic Education: The Basic Skills Department at CCC&TI offers classes to help adults improve their reading, writing, and math skills. A student may be a new reader or someone who just wants to brush up in order to do a better job at work or to prepare for working toward a GED or Adult High School Diploma. The first step to begin class is to call 726-2230 to register for orientation.

GED: The Basic Skills Department at CCC&TI offers classes in which individuals can prepare to take the tests to earn a GED Diploma. The first step to begin is to call 726-2230 and register for orientation and assessment. Then you will enroll to prepare for tests in each of the five subject areas of the GED. Classes are offered at convenient times and locations. There is also a GED Online option if you have computer skills and need more flexibility in your schedule.

Compensatory Education: Compensatory Education classes are intended for adults with intellectual disabilities or those with traumatic brain injury. The classes are designed to help students become more independent and self-directed. The instructional program includes basic education, community living, life skills, vocational development, consumer education, and more. This is a free class. Contact 726-2230 for more information.

Caldwell County Visitors Information Center/Chamber of Commerce

1909 Hickory Blvd., Lenoir, NC 28645

Phone #: (828) 726-0616

Fax #: (828) 726-0385

Website Address: <http://caldwellchambernc.com/>

The Caldwell County Chamber of Commerce is a non-profit membership organization representing businesses throughout Caldwell County. Its' mission is to serve as a catalyst for business success addressing issues such as workforce development and quality of life. It also operates the two Caldwell County visitor information centers.

Caldwell Opportunities, Inc.

1617 SW College Avenue, Lenoir, NC 28645

Phone #: (828) 757-5680

Fax #: (828) 757-5676

Website Address: www.coiworks.org

Caldwell Opportunities provides adults with work oriented services including evaluation, developmental skills training, vocational adjustment, job placement, long-term support and follow-up services to persons with disabilities. Focusing on work activities, Caldwell Opportunities provides individuals opportunities to acquire and maintain life skills including appropriate work habits, specific job skills, socialization skills, self-help skills, and communication skills. The activities and services of this program are designed to adhere to the principles of normalization, person centered planning and community integration aimed at increasing age-appropriate action, images and appearance of the individual. Transportation services are provided.

Workforce Investment Act (WIA)
1109 2nd Avenue SW, Hickory, NC 28602
Phone #: (828) 327-6026

WIA provides training and employment services to disadvantaged youth, adults, and dislocated workers who meet the eligibility requirement. WIA is an employment-focused program that requires clients go through both core and intensive services before training is considered. It is not a scholarship or grant program and does require the client follow certain guidelines. WIA is a needs-based program and is not for everyone but it may be for you.

Vocational Rehabilitation Office, 2662
NC Hwy. 127, Hickory, NC 28602
Phone #: (828) 294-0120
Fax #: (828) 294-0255

- Comprehensive rehabilitation evaluation to determine abilities, skills, interests, and needs
- Vocational counseling and rehabilitation planning
- Employment services such as job-seeking skills, resume development, and other work readiness assistance
- Assistance finding and keeping a job, including the use of special employer incentives
- If needed, training such as On the Job Training (OJT), apprenticeships, and non-paid work experiences
- If needed, post-secondary training at a college, vocational, technical, or business school
- Supportive rehabilitation services including case management, counseling, and referral
- Independent living services

Division of Workforce Solutions
1909 Hickory Blvd., Lenoir, NC 28645
Phone #: (828) 759-4680
Fax #: (828) 726-8371

Website Address: <https://www.nc.gov/agency/workforce-solutions-division>

The Division of Workforce Solutions' objectives are to help you find work through employment services and if you are eligible, to pay you unemployment insurance benefits for a limited time while you look for work. Unemployment insurance (UI) provides temporary economic benefits to eligible workers who lose jobs through no fault of their own. The DWS also offers Job Referral and Placement, Employment Counseling, Veterans Employment Services, and Trade Adjustment Assistance. The Trade Adjustment Assistance program was created by The Trade Act. It provides re-employment services and benefits to individuals who become unemployed because their job moved to another country or the employer's customers began importing the product from another country. Dislocated workers are offered training in two ways:

Classroom Training is offered to those individuals who do not have the skills necessary to re-enter employment. All workers do not need training or are not interested in going back to school. For example, if a worker has marketable skills or is within 2 years of retirement age and is not interested in training, they may utilize the re-employment services of the program and receive up to 52 weeks of weekly benefits while looking for a job.

Workers who do not have education beyond high school or their skills need to be updated, may need some additional training to re-enter the workforce. Workers who enter training must make satisfactory progress;

enroll in programs that are suitable for them based on prior educational background and work experience and in areas where employment is expected to exist upon completion.

Within each local area, there is a list of training programs and training providers that are used for referring workers to training. A team of workforce professionals in your area has approved this list based on employment opportunities that are in demand or are expected to exist. This list can be accessed for your local workforce area by going to www.ncworks.gov

Training approved under the TAA program must be full-time classroom training. Internet classes are approved under certain conditions. TAA program will not train in areas that lead to self-employment.

On-the-Job Training (OJT) is training provided by the employer while working on the job. Employers who hire workers for on the job training are reimbursed for half of the worker’s salary during the training period, usually 4 to 6 months. Workers become regular employees of the company with the same rights and benefits as other employees while learning a new skill.

Customized Training is training conducted by a training provider customized to meet special requirements of an employer. The training is provided with a commitment by the employer to employ an individual upon successful completion of the training. The employer will be responsible for paying no less than 50% of the cost of such training.

Goodwill Industries of Northwest North Carolina, Inc.
960 Blowing Rock Blvd
Phone #: (828) 758-7715
Website Address: www.goodwillnwnc.org

Goodwill offers a variety of skills training classes in partnership with area community colleges. These classes offer the skills necessary for jobs in specific fields such as healthcare, skilled trades, office technology and service industries. Many classes have entrance requirements and all individuals must complete placement assessments prior to entering any of the training classes.

TRANSPORTATION

Bus Services

Agency Name	Area	Phone #
Alexander Co. Transportation	Alexander	(828) 632-1112
Burke Co. Transit Administration	Burke	(828) 438-0867
Piedmont Wagon Transit	Conover	(828) 464-444

Chairmobile of Catawba Valley, Inc.
Hickory.....(828) 328-6711

Handi-Care
Morganton.....(828) 437-8429

Medivan Transportation Specialists, Inc.
Hickory.....(828) 441-2000

Greenway Public Transportation – www.mygreenway.org
Alexander, Burke, Caldwell, and Catawba.....828-464-9444

LEGAL SERVICES

Legal Aid of North Carolina, Inc.

Free Legal services for low income persons in Alexander, Burke, Caldwell, Catawba, Cleveland, Lincoln, and McDowell Counties. We do not handle criminal law or traffic cases.

Burke.....(828) 437-8280

National.....(800) 849-5195

NC Bar Association

Raleigh.....(800) 662-7407

NC Lawyer Referral Service Sponsored by NC Bar Association

National..... (800) 662-7660

Senior Citizens Legal Services

National..... (800) 722-1740

Senior Legal Help Line 877-579-7562

Hours: Monday-Friday 9-11 and 1-3

Better Business Bureau

Winston-Salem..... (336) 725-8348

Toll Free..... (800) 777-8348

Caldwell County Clerk of Court

Lenoir (828) 759-3502

Better Business Bureau

Winston Salem (336) 725-8348

Toll Free (800) 777-8348

Lenoir Clerk of Court Office

Lenoir..... (828) 759-8402

State/Government Links

Local Government

Lenoir (828) 757-1300
Website www.caldwellcountync.org

State of North Carolina

- Other North Carolina Counties and Municipalities - <https://www.nclm.org/>
- Comprehensive directory of Official Federal, State and Local government and court links - <http://www.govengine.com/>
- NCWorks – www.ncworks.gov
- The Official Web Site of North Carolina - www.nc.gov
- North Carolina Department of Transportation - www.ncdot.gov
- North Carolina Department of Administration: Division of Purchase & Contract - www.doa.state.nc.us/PandC/Default.aspx

United States Government

- [U.S Government's Official Web Portal](http://www.gov.gov)

MENTAL HEALTH

- RHA Health Services, Inc.
(828) 322-4200
- Smoky Mountain Center
(828) 759-2160

VETERAN SERVICES

Disabled American Veterans

Raleigh.....(919) 833-5567

Military & Family Life Consultant (MFLC)

Lenoir and Surrounding Areas
(980) 213-6459

Veterans Regional Office

Benefits & Info/National.....(800) 827-1000

Veterans Services

- Alexander.....(828) 632-5411
- Burke.....(828) 439-4373
- Caldwell.....(828) 757-1345
- Catawba.....(828) 465-8255