



*The Caldwell*

# Chronicle

August/September 2020



## Back in Masks

*In this issue: Welcome messages from CCC&TI President Dr. Mark Poarch (above right) and SGA President Meredythe Galliher (left) and much more!*

## Academic Calendar

### August

17  
Fall Semester Begins

17-18  
Drop/Add

### September

7  
Labor Day Holiday,  
Institution Closed

8  
No Curriculum Classes

16  
12-Week Minimester Begins

18  
Financial Aid Check  
Disbursement

### October

12-13  
Fall Break, No Curriculum  
Classes

14  
Spring Schedule Available

15  
8-Week Minimester I Ends

16  
8-Week Minimester II Begins

26  
Last date students can drop  
16-week courses without  
academic penalty

### November

9-10  
Priority Registration for  
Spring 2021

11  
Veteran's Day Holiday, Institu-  
tion Closed

12  
Spring 2021 Registration  
begins for all students

26  
Thanksgiving Holiday, Institu-  
tion Closed

27-29  
Institution Closed

*For a calendar of  
events and activities,  
visit [www.cccti.edu](http://www.cccti.edu)*

## A Message from CCC&TI President, Dr. Mark Poarch

As we begin the fall 2020 semester, I want to extend a warm welcome to all of our new and returning students and employees.

It's shaping up to be a year unlike any other. Over the last few months, the COVID-19 pandemic has presented many challenges. But, we've been hard at work developing new and innovative ways to help students reach their goals, while also promoting and maintaining safety.

I'm excited for all that is ahead of us during this academic year. We are launching new programs and partnerships, continuing work on several facility projects, and there are more exciting developments on the horizon.

While a pandemic may slow us down, we are relentless in the pursuit to fulfill our mission for our students, our employees and our communities. This will be the year that we show what's possible through our perseverance, resilience and continued success.

*Here's to a great year for all of us!*

## A Message from SGA President Meredythe Galliher

Howdy! My name is Meredythe Galliher. It's with great joy that I welcome you all back for a year full of exciting events and personal growth here at Caldwell Community College and Technical Institute. I've been blessed with the opportunity to serve as the Student Government Association (SGA) President for the 20-21 school year on both the Caldwell and Watauga campuses.

This year will be a little different than past years, but of course it is; we're creating history every day! Health and safety are our highest priorities, so we're all working together in order to make sure everyone can achieve their goals safely.

I'm sure you've all heard how important communication is in all our lives, and this is true even more so now. With a lot of interactions being held virtually, communication with your instructors is highly encouraged. If you are unable to make it to class due to sickness please, make sure you let your instructors know. Remember this situation is new to everyone, including your teachers, so don't be afraid to ask questions.

Everyone at CCC&TI wants to help you succeed at whatever your endeavors may be. Student Services staff are here to answer any queries you may have. Life might seem scary right now. We can't be sure when things will go back to normal, but you are taking steps to enhance your future by being here with us. We couldn't be prouder to call you a Cobra. We are all family here, and we want to support you! I can't wait to see where this year takes us and to see all of you healthy and back on campus!

*As always, Go Cobras!*

## CCC&TI Fall Semester Guidelines, Protocols

The safety of CCC&TI employees, students, visitors, and the communities we serve is our highest priority. The following guidelines and protocols for the fall 2020 semester are designed to mitigate and manage the risk associated with COVID-19. *\*\*Note: Due to the rapidly changing situation, guidelines are subject to change as additional information becomes available.*

- Students, employees and visitors who have recently been exposed to positive cases of COVID-19 or are experiencing symptoms are asked to stay home.
- Face coverings must be appropriately worn (covering both nose and mouth) at all times in buildings, classrooms, and laboratories. Face coverings will also be required in outdoor spaces on campus property where appropriate physical distancing cannot be maintained. Everyone on campus is expected to carry a face covering at all times, in case they encounter an unforeseen situation where at least six feet of physical distance cannot be maintained.
- Temperature scans will be required each day for students, faculty, staff, and visitors. Colored wrist bands will be issued each day to indicate that the person has a temperature of less than 100.4 degrees. The following locations will serve as temperature scanning stations:
  - Caldwell Campus- F Building, H Building, and B Building; TAPS Center;*
  - Watauga Campus- Student Services Center (W-460) and the Instructional Building (W-372)*
- Social distancing will be required when at all possible. Social distancing requires at least six feet of physical space between parties and should be practiced in all campus areas. Social distancing signage is posted throughout campus.
- Good hygiene practices are encouraged for everyone on campus. Signage has been placed in all building lobby areas to remind students and employees the three W's (wear, wait, and wash). In addition, hand sanitizing stations have been installed in all campus buildings.

In addition to these protocols, CCC&TI has also taken steps to reduce class sizes and space seating in classrooms and other areas to allow for social distancing. Some areas on both campuses have also been closed to prevent large gatherings. Housekeeping staff has also been increased to allow for more frequent cleaning and disinfecting of restrooms, classrooms, and offices with a focus on door-knobs, light switches, desks, and any other frequently touched items.

**For additional information and details on CCC&TI's guidelines and protocols, along with answers to frequently asked questions, please visit: [www.cccti.edu/covid-19](http://www.cccti.edu/covid-19)**

# WHAT'S NEXT

CCC&TI SERIES


## What's Next Virtual Workshops

Free and open to all CCC&TI Students  
Tuesdays or Thursdays, 12-1 pm

- Sept. 15-Time Management
- Sept. 22-MBTI Personality & Careers
- Sept. 24-How to Prepare for a Job Fair
- Oct. 8-Job Searching During Covid-19
- Oct. 20-Increasing Access & Opportunity
- Oct. 29-Bachelors Degree without Leaving Home
- Nov. 5-Interview Skills & Networking

Links to individual workshops will be sent via student email and are available on the CCC&TI website.

## GRAB-N-GO ONLINE CHALLENGE



Visit [www.cccti.edu](http://www.cccti.edu) to sign up. You will receive the bimonthly online challenge by email. Students who complete the challenges have an opportunity to win online gift codes and other prizes.

**Dates and Topics:**

- Sept. 3 • Moodle Basics
- Sept. 17 • Constitution Day & Voting
- Oct. 1 • LRC Support
- Oct. 15 • APA 7th edition
- Oct. 29 • NCLive
- Nov. 12 • Choose Your Own Adventure: Literature or Desmos

## 2020 Graduation Celebration

Caldwell Community College and Technical Institute hosted a ceremony to honor a total of 562 college graduates and 79 high school equivalency graduates during an informal, outdoor event on Saturday morning, Aug. 8, on the Caldwell Campus in Hudson.

The traditional graduation ceremonies had been scheduled for May 7 and May 8 at the J.E. Broyhill Civic Center, but were delayed due to the COVID-19 pandemic. With restrictions on large gatherings remaining in place, college officials decided to host an outdoor ceremony with social distancing and face covering requirements so the Class of 2020 would not miss out on the recognition it had earned.

“It was a great day for our graduates and the institution,” CCC&TI President Dr. Mark Poarch said. “Our faculty and staff pulled together to make the event possible, and did a great job making it special for our students and their families.”

In a drop-in format from 8 a.m. to 12 p.m., graduates arrived on campus in their cap and gown, then were honored individually as their name was announced over speakers and they marched to a makeshift stage. They were greeted by Poarch and were able to pose for photos.



## CCC&TI Offering New Mental Health First Aid Training

By: Amy Bowman

Caldwell Community College and Technical Institute has implemented a new Mental Health First Aid course to help train employees to recognize and intervene during a mental health emergency. That training, which offers a straightforward and practical approach to helping someone who is developing a mental health problem or experiencing a mental health crisis, is now being made available to the community.

As a member of the CCC&TI Marketing staff, I decided to take the training so that I could write an informed article to help promote it. It wasn't something I necessarily thought I needed. I found out quickly that while my thinking was probably the norm, it was far from correct. In fact, the very first page of the foreword in the accompanying training manual addressed my thinking directly. "Most of us assume mental illness is something that only affects others and believe it won't affect our family or friends." Yes, exactly. But it went on. "The truth is that mental health problems are more common than heart disease, lung disease, and cancer combined." Oh. "It's estimated that about one in five Americans will experience a diagnosable mental disorder in any given year." I had a lot to learn.

Throughout the first hour of the course, we read statistics, survey results and impact statements regarding Americans and the mental health landscape. We learned that approximately 18.5 percent of adult Americans experience mental illness in any one year, the equivalent of 43.8 million people. We learned that disorders fall into six main categories and that they can often occur in combination. All of the numbers add up to a startling reality: almost half of U.S. adults will experience a mental health problem during their lifetime.

The numbers are convincing and make a compelling case for the importance of being both informed and prepared. That's exactly what this workshop is designed to do.

As we got deeper into the material, we learned about the different types of mental health problems that might require assistance. We talked about challenging, uncomfortable topics like depression, anxiety disorders, psy



*Pictured is Tuesday Sigmon, CCC&TI Counseling and Disability Services Director and the instructor for Mental Health First Aid with ALGEE, the MHFA mascot. ALGEE is an acronym used to help participants remember the action plan steps taught as part of the training.*

chosis, substance use disorders, suicide, self-harm, and panic attacks. But we also talked about helpful ways to talk to a person in crisis – how to assess for risk, listen non-judgmentally, how to give helpful information, and how to encourage both professional and self-help. We learned that while it may seem very different from regular first aid, the goals of mental health first aid are mostly the same – to preserve life, prevent further harm, prevent the problem from becoming more serious, to promote recovery, and to provide comfort and support. Being able to recognize the need for and provide this kind of help to a person in need – whether that need is mental or physical – is becoming an increasingly useful skill set for just about anyone.

For CCC&TI, the need for this type of training became apparent over the last couple of years due to changes in how students are advised. Faculty and staff advisors are encouraged to connect with students in a way that will help those students set and reach their goals. That process often includes helping students get past barriers to success that can include their mental health or the mental health of those around them. “Our advisors encourage students to discover where they’ve been and dream about where they want to go on their educational and career journey,” said Tuesday Sigmon, CCC&TI Counseling and Disability Services Director and the instructor for the training. “We anticipated that this updated advising model would lead to more personal conversations with students and we wanted the advisors to be prepared, to understand more about mental health and to assist students who may be experiencing a mental health problem or know someone who is.”

The formalized Mental Health First Aid Training at CCC&TI began in fall of 2019 with Sigmon, a certified MHFA trainer, leading the charge. Thus far, more than 100 participants have completed the workshop, which takes 8 hours and is split up over two half days. About two-thirds of those have been CCC&TI employees, from across all departments, who are taking the course for a variety of reasons.

English Instructor Matt Williams took the training to be better prepared for the issues that students bring with them to the classroom. “This kind of training dovetails nicely with our purpose here at the college. So many of our students enter the college aiming to reinvent and recreate themselves. They’re leaving behind life as they have known it before and are heading to something new,” said Williams. “The reality is, if we philosophically acknowledge that pushing our students out of their comfort zones is part of the learning process, we should be willing to provide necessary compassion and offer knowledgeable assistance when we see them in crisis. We’re helping our folks to construct successful selves, and their mental health is a key component of that.”

Math Instructor Jeannie Hollar has had first-hand experience with struggling students in the past and knew the training would be helpful. “Many of our students struggle with issues I can’t begin to imagine,” she said. “I wanted to take this training in order to meet my students where they have needs.”

College Stores Director Trina Curtis has a different connection to students, but also saw the value of the training. “I learned a lot. This class gave me a different perspective on issues that students may be dealing with,” she said. “I had some misconceptions about mental disorders and really needed this reality check. Our society could also benefit from a better understanding of mental illnesses and how to help those suffering.”

Additional trainings were scheduled for Spring 2020 but had to be cancelled due to the pandemic. More training dates are on the horizon for CCC&TI employees as well as community members interested in taking the course.

From experience, I can say the training is useful for anyone willing to participate. Before taking it, I probably would have said I didn't really need the training because I'm not in a classroom and I don't work directly with students on a regular basis. But now, after having completed it, I realize I couldn't have been more wrong. I am a human and I interact with other humans. That alone makes the training worthwhile.

CCC&TI will offer the Mental Health First Aid training for community participants on Sept. 15 and Sept. 17 from 8:30 a.m. to 12:30 p.m. each day. Cost for the training is \$75 per person. Those interested can call 828-726-2242 for more information or to register.

## **CCC&TI Athletes Named to All-Academic Team**

On July 10, the National Junior College Athletic Association released its All-Academic First, Second, and Third Teams. Caldwell Community College and Technical Institute had a total of 12 student-athletes honored by the NJCAA for their excellence in the classroom during the 2019-20 academic year.

The criteria for the three All-Academic teams are:

- NJCAA All-Academic First Team: 4.00 GPA
- NJCAA All-Academic Second Team: 3.80-3.99 GPA
- NJCAA All-Academic Third Team: 3.60-3.79 GPA

### **CCC&TI honorees:**

- Justin Chaffin (Baseball) First Team
- Thaxton Isenhour (Baseball) First Team
- Keaton Snethen (Baseball) First Team
- Cody Strain (Baseball) First Team
- Jacob Speaks (Baseball) Second Team
- Mikayla Hill (Women's Basketball) Third Team
- Kaylee Kanipe (Softball) Third Team
- NaKwan Kitchen (Men's Basketball) Third Team
- Khloie Greene (Softball) Third Team
- Rion Kussow (Baseball) Third Team
- Caleb Peschel (Baseball) Third Team
- Logan Russell (Baseball) Third Team



Congratulations to these students!

## **Join the CCC&TI Family - Job Opportunities**

CCC&TI currently has several full-time and part-time job openings. Come join our team and help us make a difference in the lives of our students. For a list of current job openings and info on how to apply, visit: <https://www.governmentjobs.com/careers/cccti>

## CCC&TI, Gardner-Webb University Announce Bulldog Bound Program, New Collaborative Agreements

Leadership from Caldwell Community College and Technical Institute (CCC&TI) and Gardner-Webb University have announced four new agreements that will create seamless pathways for students who want to start at CCC&TI and continue their education at Gardner-Webb.

Providing a pathway for students who plan to earn a bachelor's degree, the Bulldog Bound Co-Admission Program will provide students who complete certain two-year associate degrees at CCC&TI with a 2.25 GPA or higher with guaranteed admission to Gardner-Webb to finish their undergraduate degree. The Bulldog Bound program is designed to provide students with affordable access to higher education and additional support services during their time at CCC&TI for a successful transition to Gardner-Webb.

Additional agreements signed Thursday will provide pathways for students to start at CCC&TI then transfer to Gardner-Webb in more specialized degree programs, including nursing, business and human services. All four agreements go into effect immediately.

Joined by Gardner-Webb University President Dr. William Downs for the signing ceremony on the Caldwell Campus in Hudson Thursday, CCC&TI President Dr. Mark Poarch said the agreements will be a tremendous opportunity for students and thanked Gardner-Webb for paving the way.

“One of the strategies we’ve tried to focus on is developing seamless pathways to the university,” Poarch said. “It’s going to be great for our students. I know they will make us proud.”

Downs thanked representatives of both schools for the behind-the-scenes work that went into finalizing the agreements.

“I think it’s great that at a time when everybody is separating and distancing, we’re celebrating something that brings people together,” Downs said. “We’re excited and can’t wait to have these folks join us.”



*Caldwell Community College and Technical Institute President Dr. Mark Poarch, left, and Gardner-Webb University President Dr. William Downs, right, sign the Bulldog Bound Co-Admission Program agreement July 9 on CCC&TI's Caldwell Campus in Hudson. Poarch and Downs, along with leadership from both institutions, also signed three additional agreements that create new pathways for CCC&TI students to continue their education at Gardner-Webb.*



### ***Bulldog Bound***

Bulldog Bound students will have up to three years to complete their Associate in Arts (AA), Associate in Science (AS), Associate in Arts in Teacher Preparation (AATP), Associate in Science in Teacher Preparation (ASTP), Associate in Fine Arts (AFA), or Associate in Applied Science (AAS) degree before enrolling at Gardner-Webb. Bulldog Bound students will also benefit from waived application fees at Gardner-Webb, coordinated financial aid programs, coordinated degree completion, on-site admissions and academic advising.

### ***Bridge to Professional Advancement in Nursing***

Under the new Bridge to Professional Advancement in Nursing Agreement, CCC&TI students who are accepted into the ADN program will be automatically accepted into Gardner-Webb's Hunt School of Nursing Davis RN-to-BSN program. Students who complete their Associate Degree in Nursing at CCC&TI can transfer to Gardner-Webb to complete their Bachelor of Science in Nursing degree with the opportunity to also earn the Master of Science in Nursing degree.

### ***Business Pathway Agreement***

Under the new Business Pathway Agreement, CCC&TI students who complete their Associate in Applied Sciences degrees in Accounting and Finance or Business Administration can transfer the credits they've earned toward completing Gardner-Webb's Bachelor of Science in Accounting or Bachelor of Science in Management.

### ***Human Services Pathway Agreement***

Under the new Human Services Pathway Agreement, CCC&TI students who complete their AAS in Human Services Technology can transfer the credits they've earned toward completing Gardner-Webb's Bachelor of Science in Human Services with concentrations in Generalist, Clinical/Pre-Counseling, Family Dynamics, Non-Profit Leadership or Substance Abuse.

For more information on the Bulldog Bound Co-Admission Program or the new agreements with Gardner-Webb, contact Director of Enrollment Management Dennis Seagle at 828-726-2705, Student Engagement and Educational Partnerships Executive Director Jeff Link at 828-726-2606 or Watauga Campus Student Services Director Dr. Kim Van Wie at 828-297-2185.

## **CCC&TI Adds Three New Degree Programs for Fall 2020**

CCC&TI has added three new programs to help local students prepare for in-demand careers.

In partnership with local pharmaceutical companies, CCC&TI leaders developed a 2-year Associate Degree in Biopharmaceutical Technology. It will be the only 2-year Biopharmaceutical Technology degree program available west of Raleigh.

The curriculum was designed with input from local pharmaceutical companies Exela Pharma Sciences, Stallergenes Greer and BioNutra. The companies also helped design the Biopharmaceutical Technology lab that's currently under construction in J Building on the Caldwell Campus.

To help with a statewide teacher shortage, CCC&TI also has added two new Associate Degree programs that will pave the way for students who want to earn a 4-year degree in Education.

Students who complete the Associate in Arts in Teacher Preparation or Associate in Science in Teacher Preparation can transfer as juniors to UNC institutions or NC Independent Colleges and Universities to complete their 4-year degree.

For more information on any of these programs, visit [www.cccti.edu](http://www.cccti.edu) or call 827-726-2200.



## Radiography Graduates Earn 100% Pass Rate

Congratulations to the Radiography Class of 2020, shown here in a group photo. They recently earned a 100-percent pass rate on their certification exam. We wish them the best as they enter the workforce, and know they will make us proud!



## Radiography Program Director Elected to State Office

Congratulations to Radiography Program Director Amber Edwards, (pictured at right) who was recently elected as the Vice President of the North Carolina Society of Radiologic Technologists. We appreciate Amber's dedication to the profession and, of course, to our students.

## CCC&TI Foundation Tributes

Memorial gifts and honoraria are very meaningful ways to recognize someone on a special occasion or to express sympathy to a bereaved family. An individual's legacy will continue to live on through the educational opportunities made possible by these special gifts. The Foundation of CCC&TI gratefully acknowledges the following tributes received January 1, 2020 through June 30, 2020:

### *Memorials:*

In memory of Kenny Beane to the Kenny Beane Memorial Scholarship Fund:

Sandra Beane

In memory of Paul Childres to the CCC&TI Culinary Arts Program:

Wesley Childres

In memory of Dwight Church to the CCC&TI Baseball Program for the 2020 Annual Fund Drive:

Patricia Church

In memory of Dwight Church to the Dwight and Rose Church Dream Award for the 2020 Annual Fund Drive:

Jerry and Amy Church  
Rose Church

In memory of Adam David Fetty to the CCC&TI Culinary Arts program:

James Fetty

In memory of John Forlines for the 2020 Annual Fund Drive:

Judy Hendrix  
Rudy Snow

In memory of Annabelle C. Holdren for the 2020 Annual Fund Drive:

Roxanne Collins

In memory of Fay Kirby to the Kay and Patrick Crouch Music Scholarship:

Kay and Patrick Crouch

In memory of Samuel Orlando to the Samuel Orlando Scholarship for the 2020 Annual Fund Drive:

Andrew and Theresa Orlando

In memory of Virginia G. Randall to Foundation Scholarships for the 2020 Annual Fund Drive:

Joan Boike

In memory of Connie Frye Shoemaker to the CCC&TI Basic Skills program:

Cindy Richards

In memory of Robert N. Styres, Sr. to Scholarships for the 2020 Annual Fund Drive:

Rotary Club of Caldwell County

In memory of Dent Sullivan to the Dent & Louise Sullivan Scholarship:

Louise Sullivan

In memory of Dent Sullivan to the Lenoir Rotary Dent Sullivan Memorial Scholarship:

Peter and Mary Kidder

Adam Sterken

In memory of Lois Tolbert Ward to the Lois Tolbert Ward Memorial Scholarship:

Heather Barnett

Lynn Holder

Sue McConnell

Holly Sinco

In memory of Douglas Weiller to the Douglas Weiller Memorial Scholarship for the 2020 Annual Fund Drive:

Janice Van Osdol

In memory of Boyd Wilson, Sr. to the Boyd C. Wilson Family Scholarship:

Mr. and Mrs. Boyd Wilson, Jr.

In memory of Janet Wilson for the 2020 Annual Fund Drive:

Skip Downs

### ***Honorariums:***

In honor of Brock Beck for the 2020 Annual Fund Drive:

Charles Beck

In honor of Dr. Ken Boham to the Dr. Kenneth A. and Betty Boham Scholarship:

Donna and Gary Church

In honor of Marla Christie for the 2020 Annual Fund Drive:

Peg Broyhill

In honor of Donna Church for the 2020 Annual Fund Drive:

Dr. Lorraine Minton

In honor of Jerry and Patricia Church to the Dwight and Rose Church Dream Award for the 2020 Annual Fund Drive:

Rose Church

In honor of Rose Church to the Dwight and Rose Church Dream Award for the 2020 Annual Fund Drive:

Jerry and Amy Church

Patricia Church

In honor of Rose Church to the CCC&TI Softball Program:

Patricia Church

In honor of Muggy Davenport to CCC&TI Athletics for the 2020 Annual Fund Drive:

Anonymous

In honor of Barbara Freiman for the 2020 Annual Fund Drive:

Alice Lentz

In honor of the Hatley Family for the 2020 Annual Fund Drive:

James Hatley

In honor of Jimmy and Nancy Hemphill for the 2020 Annual Fund Drive:

Skip Downs

In honor of Jimmy Hemphill to the Jimmy and Nancy Hemphill Scholarship for the 2020 Annual Fund Drive:

Jeff and Rita Joines

Dr. Ron Kiziah

In honor of Ginny Herman for the 2020 Annual Fund Drive:

Emelyne Williams

In honor of Dr. Mark Poarch for the 2020 Annual Fund Drive:

Peg Broyhill

Jeanne Whisnant

In honor of Dr. Mark Poarch to the Dr. Mark Poarch Scholarship:

Donna and Gary Church

In honor of Sara Moore Putzell for the 2020 Annual Fund Drive:

Carol Senf

In honor of Virginia Sauer on the occasion of her 100th birthday to the Virginia Sauer Scholarship:

Bobbie J. Curtis

Susan McFarland

Betty McRee and Terri Chester

In honor of Mary Frances Sullivan and Nancy Hemphill to the Dream Award for the 2020 Annual Fund Drive:

Barbara Jones

# Fall 2020 Student Activities



The Caldwell Chronicle is a publication of CCC&TI's Marketing & Communications Department, a division of Instructional Support Services.

Find us on the web at:  
[www.cccti.edu/chronicle](http://www.cccti.edu/chronicle)

Have news or information for the Chronicle?

Contact:  
Edward Terry, Public Information Officer,  
at 828.726.2202 or [eterry@cccti.edu](mailto:eterry@cccti.edu)  
or  
Amy Bowman, Media Director,  
at 828.726.2209 or [abowman@cccti.edu](mailto:abowman@cccti.edu).



CCC&TI is an equal opportunity educator and employer.

# SGA

## August 17-31 • SGA Applications

Applications are available for open positions of Parliamentarian and Senator on the Caldwell Campus. Interviews will be held the week of Sept. 1.

## August 17-28 • Online Scavenger Hunt

Play to win: stickers, t-shirts, and gift cards!  
Check your student email for the link!

## August 24-28 Welcome Back Days

Giveaways, snacks and drinks for all students

## August 24-September 4 • Esports sign-up *(Play begins on 9/10)*

Madden NFL - Xbox One • Super Smash Bros - Nintendo Switch  
FIFA World Cup Soccer • Rocket League - PS4, Xbox One, PC  
Prizes awarded for league playoffs and winners.

## September 1-December 4

### Catch the Cobra for a Chromebook

Catch the Cobra Social Media Contest. Twice monthly prizes plus be entered to win a Chromebook at the end of the semester.

## September 10 • Intramural Play Begins

## September 17 • Constitution Day & Virtual Club Day

## SGA Virtual General Assembly Meetings

Meeting links will be sent to students via email  
September 14 • October 5 • November 9 • December 14

## November 12 • Veterans Day Activities



## National Society of Leadership and Success

Invitations to join NSLS will be sent via email Aug. 14 to Sept. 21

Deadline to join: Sept. 21

Orientations will be held Live online at these dates and times:

Sept. 23 at 3 pm • Sept. 24 at 5:30 pm • Sept. 25 at 12 pm

Leadership Training Day: Oct. 1, 5:30 pm - 8 pm

**Fall 2020 Speaker Dates: October 13, 20, and 27**

## On-Campus Food Options

### Smart Market Vending Service- Open Daily

Located in E Building on the Caldwell Campus

and the Student Lounge (W-372) on the Watauga Campus

### Caldwell Campus Food Trucks

Parked between F and H Buildings

**Monday: Lucky Dogs • 11 am - 2 pm**

**Tuesday: Egg Rollin' • 11 am - 2 pm**

**Wednesday: Village Inn Pizza • 11 am - 2 pm**

**Thursday: Rascal Jacks • 11 am - 2 pm**



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