

Skills that Save Lives

How one CCC&TI student's training helped avert a tragedy.

si Blades

October

FAFSA Filing Target Deadline for Spring, 2017

6 SGA General Assembly Meeting, 1 p.m.; B-118 and WC-118

Tenth Avenue North and Hawk Nelson Concert, 7:30 p.m.; J.E. Broyhill Civic Center

CCC&TI Athletics Golf Tournament, 12 p.m.; Cedar Rock Country Club

Deadline for Submissions to "Branches" Literary and Arts Magazine

10-11 Curriculum Student Fall Break

13 Watauga Campus Fall Festival

18 Caldwell Campus Student Fest

20 Caldwell Cuisine - Germany, 6 p.m.; J.E. Broyhill Civic Center

For a complete calendar of events including student workshops and other activities, visit www.cccti.edu

CPR Skills Come in Handy for CCC&TI Student

Bethany Morgan is a first year Cardiovascular Sonography student at Caldwell Community College and Technical Institute. As part of her studies, she was required to take a Cardiopulmonary resuscitation (CPR) class to learn the lifesaving techniques useful in many emergencies, including heart attack or near drowning, in which someone's breathing or heartbeat has stopped. Morgan didn't realize that just a few days later, she would be in a situation that necessitated using the skills she learned in the class.

Morgan, who is originally from Savannah, Ga. and now lives in Boone, took the class in July at CCC&TI's TAPS Center in Hudson. She says that from the very beginning of the class, she knew this one would be different from others she had taken in the past. "The CPR class at CCC&TI was different because the instructors made it fun. They used things like the beat of the song to help us remember the speed of compressions you make on the chest," she said. "And they repeated everything so many times you couldn't help but remember it." She said that the small class sizes also allowed her instructors to be more hands-on and work with students one-on-one to teach them the proper techniques.

Morgan completed the class on a Wednesday and on Saturday was attending a family gathering in Mountain City, Tenn., that ended up being the first real-world test of the skills she had learned that week. Morgan says that the temperatures that day were high and that her brother had been sitting in the sun for quite some time. When he got up to move inside, he collapsed. Morgan says that she and her husband both attempted to find a pulse and when they could not, her training kicked in and she started the CPR techniques that she had just learned a few days before at CCC&TI. "I yelled for my sister to call 911 and told my mother and daughter to get some ice packs together. I began chest compressions and he started coming around but soon after he was out again," she says. "I gave some more chest compressions and one breath. Then he started talking. What a relief! By the time EMS arrived he was sitting on the couch eating brownies. The paramedic said he probably had a heat stroke." Morgan says that she was the only one there that day that knew CPR. "If I had not taken that class, I think my reaction wouldn't have been so immediate and I would not have been as confident in what I was doing."

Morgan hopes to earn her Associate Degree in Cardiovascular Sonograhy at CCC&TI and find employment close to her home in Boone. Eventually, she hopes to work for an organization that will allow her to travel. She says that no matter where her career takes her, she'll always have to be certified to perform CPR and that she knows where she'll

On the Cover:

CCC&TI student Bethany Morgan pauses for a photo is the CPR training classroom at the college's Transportation and Public Safety Center in Hudson.

be taking the class in the future, as well. "I would highly recommend this CPR class to anyone that needs it or just wants to take it so they know how to administer CPR. My mother is probably going to take it in the near future," she says. "I just want to thank my instructors for making their class so enjoyable and easy. I remembered pretty much everything they said, when I needed it most."

Upcoming CPR Training at CCC&TI

Wednesday, Oct. 26, 1 p.m. to 5 p.m. Wednesday, Nov. 30, 1 p.m. to 5 p.m. Wednesday, Dec. 21, 1 p.m. to 5 p.m. Cost: \$30 • Location: TAPS Center in Hudson **Register online at** www.cccti.edu/coned or for more information, call 828-726-2242.



CCC&TI Students Celebrate Literacy Month with Novel Set at Biltmore House

September is National Literacy Month and students taking courses at Caldwell Community College and Technical Institute's Family Resource Center have been celebrating literacy through a special study of the novel "Serefina and the Black Cloak," a mystery set at the Biltmore Estate in Asheville, N.C.

Students enrolled in basic education and English Language Acquisition classes at the Family Resource Center are reading the novel and doing classroom activities based on its themes and characters. Students used iPad apps to program small robotic spheres, called Spheros and then maneuver them through obstacles courses designed around themes from the book. In one obstacle, students were Chief Rat Catchers, much like the title character of the novel they're reading. In the novel, Serefina lives in the basement of the Biltmore House and is an accomplished catcher of rats. Student maneuvered their Spheros through the maze catching "rats" and accumulating points. Student also took a turn at being the rodents and worked to get their robots through a maze of live mousetraps to a "cheesy" prize on the other side. Finally, students used their Spheros like bowling balls trying to knock down pins, much like the family may have done in the estate's in-home bowling alley.

Students say that the experience of reading the novel thus far has been fun and they



are excited to see what happens with the story. "It catches you in the first couple chapters," said student Samaria Sanders, who is working toward her high school equivalency. "I want to read more and find out what happens." Student Nick Harrison agrees. "I want to know the secrets," he said.

Students also say that reading the novel has piqued their interest in the Biltmore Estate, the largest privately owned estate in the United States, built by George Vanderbilt between 1889 and 1895. "I've never been but I would like to go," said Mara Stewart, who is working to be the first in her family to earn her high school equivalency.

Overall, Shari Brown says the book has been a hit with students. "We are thrilled to be offering this opportunity to our students. Reading an exciting book that has ties to our area is a great way to get students interested and engaged in their education," said Brown. "Their attendance has been superb because they are excited about coming to class and reading the next chapter of the book. They are eager to read!"

Brown also says that the novel and the diverse background of its author, Robert Beatty, have given instructors an opportunity to teach more than just literacy and English skills. "As instructors, we have been able to use project-based learning to engage our students in the novel and incorporate North Carolina history and geography, advanced vocabulary and literary elements, and even the Solar System," said Brown. "The students have enjoyed learning about North Carolina in the late 1800's and Biltmore House history and are excited about the possibility of actually visiting Asheville and the Biltmore House. We are currently seeking funding to make that trip possible. Any donations are appreciated."

For more information on the Family Resource Center or Adult Education through Caldwell Community College and Technical Institute, call 828-726-2230 or visit www.cccti.edu.



Center: Pictured from left to right, students Samaria Sanders, Mara Stewart and Nick Harrison try to maneuver their Sphero bot through a maze as part of Literacy Month studies based on the novel "Serafina and the Black Cloak." These students attend classes at CCC&TI's Family Resource Center in Lenoir. Bottom: Mary Sloan, Instructor Julie Couch and Teresita Norris work on getting their "Rat Catcher" through the maze.

CCC&TI Foundation Announces New Endowed Scholarship

The Foundation of Caldwell Community College and Technical Institute recently announced the addition of a new scholarship endowment. The Mason Thuss Memorial Scholarship has been established by the Thuss Family in memory of their beloved son, brother and grandson, Mason Thuss. Mason was a 2011 graduate of West Caldwell High School who was employed as a construction electrician and was a diesel truck and automotive enthusiast.



The new scholarship will provide assistance toward the cost of tuition and books for a deserving student in CCC&TI's Automotive Systems, Collision Repair and Refinishing, Electrical Systems or Electronics Engineering Technology.

Dylan Cox, a 2016 graduate of South Caldwell High School, has been selected as the first recipient of the Mason Thuss Memorial Scholarship. The Granite Falls resident is working toward an Associate Degree in Automotive Systems Technology at CCC&TI. Cox, whose family runs a local auto detailing and mechanic shop, says he already has several years of experience working in the field. "I plan on continuing to work there while I continue my education," said Cox. "Receiving this scholarship is an honor and privilege and will certainly help me achieve my goals."

For more information on the Mason Thuss Memorial Scholarship, contact the Foundation of CCC&TI at 828-726-2203

Pictured is Mason Thuss. The Thuss family has established a new scholarship in his memory through the Foundation of CCC&TI.

Tributes to the Foundation of CCC&TI

Memorial gifts and honoraria are very meaningful ways to express sympathy to a bereaved family or to recognize someone on a special occasion. An individual's legacy will continue to live on through the educational opportunities made possible by these special gifts. The Foundation of CCC&TI gratefully acknowledges the following tributes received from August 1 – September 16, 2016:

Memorials:

Mr. James Waugh

In memory of Carl Buchan, founder of Lowe's, to honor his 100th birthday, and in memory of former Lowe's employees who passed away this year: Lowe's Buchan Club

In memory of former CCC&TI Board of Trustees Chair, Brent Kincaid, to the Brent and Kathryn Kincaid Scholarship: Mr. Paul and Nora St. John Bolick The Broyhill Family Foundation, Inc. The Honorable Beverly and Mrs. Judy Beal Bonnie Mist Car Wash (David and Kathy Cloer) Ms. Sarah Clark Ms. Elizabeth Church Alvin and Judy Daughtridge Mr. Ken Ferguson Gray and Ruth Fountain Ms. Mary Ann Gragg Ms. Nina Hendrix Mr. Kim T. Hutchens Linda and A.G. Jonas, Jr. Cor and Marti Kardol Mr. Phil J. Kirk, Jr. Fairfield Chair Mrs. Ann and Dr. McNeill, Jr. Charles and Dr. Lorraine Minton **Stevens Family Foundation** Mr. Michael Taylor Ann and Guy Walters, Jr. Anita and Boyd C. Wilson, Jr.

Upcoming J.E. Broyhill Civic Center Events:

Oct. 6

"What You Want Tour" with Tenth Avenue North/Hawk Nelson

Tenth Avenue North With Hawk Nelson will kick off their Fall 2016 Tour at the J.E. Broyhill Civic Center on Oct. 6. Following high demand this spring on the All the Earth is Holy Ground Tour, Tenth Avenue North will bring songs from their newest album, Cathedrals, which debuted at No. 1 on the Billboard and iTunes Christian Charts and their radio hits like "No Man is an Island," "By Your Side," and "Worn." Dove-award winning band Hawk Nelson will bring their latest hits including "Diamonds," "Drops in the Ocean" and "Words." These two powerhouse Christian groups will have music fans of all ages on their feet for a fun night of great music and worship. Showtime is 7 p.m. Tickets for the show are \$26. A group rate of \$18 is available for groups of 10 or more.

Dec. 1-4

FPA Presents "A Christmas Carol"

Foothills Performing Arts will present their interpretation of Charles Dickens' holiday classic, "A Christmas Carol," bringing to life the beloved holiday tale about a real-life Grinch who learns the true meaning of Christmas. Experience the story of Ebenezer Scrooge, Bob Cratchit, Tiny Tim and the Ghosts of Christmas Past, Present and Future as you've never seen them before. Showtimes are 7:30 p.m. nightly with a 3 p.m. matinee on Sundays. Tickets for the show are \$16.25 for adults and \$9 for students and children.

Dec. 17

"A Celtic Christmas"

featuring The Silvio Martinat Swing Band and Puddingstone

Two local musical powerhouses will help usher in the holiday season with a night of unforgettable music. The Silvio Martinat Swing Band was formed nearly 3 decades ago as a performance class at CCC&TI. Founding members have kept the tradition of performing big band swing alive and well with performances throughout the region. Puddingstone formed first as a trio and has grown to a 7-member band with vocals, guitar, synthesizer and sometimes fiddle. The band plays a range of musical styles from Americana and Classical to Celtic, Folk and New Age. Hailed as one of North Carolina's "Best Kept Secrets," the band's signature sound has earned them a loyal following throughout the state and beyond. These two local favorites will be the highlight of your Holiday season. Showtime is 7:30 p.m. Tickets for the show are \$11 for adults and \$5.50 for students and children.

For more info or to purchase tickets, visit www.broyhillcenter.com

Fall Caldwell Cuisine Event: Germany

Caldwell Community College and Technical Institute's Culinary Arts program's next Caldwell Cuisine will be held on Thursday, Oct. 20 and will feature a German menu. The meal will be served at 6 p.m. at the J.E. Broyhill Civic Center in Lenoir. Tickets are \$21 plus tax per person. The event is open to the public but space is limited. For tickets visit www.broyhillcenter.com or call the Civic Center Box Office at 828-726-2407.

Caldwell Cuisine Germany Event Menu

Soup: Cabbage Borsht (cabbage and tomato-based soup with shredded chicken)

Main Course: Choice of German Rouladen (flank steak pounded out then rolled with bacon, dill pickles, and onions, and then seared) served with Kaespaetzle (noodle-like dumplings with cheese) and Blaukraut (sweet and sour red cabbage) OR Schweini-Filet (Pork tenderloin in a lemon sauce) served with German potato pancakes and Blaukraut Dessert: German Chocolate Cake







CCC&TI Paramedic Program Receives Accreditation

Caldwell Community College and Technical Institute's Emergency Medical Services-Paramedic program has earned accreditation from the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

CAAHEP is the largest programmatic accreditor in the health science field. In collaboration with its Committees on Accreditation, CAAHEP reviews and accredits more than 2,000 educational programs in 28 health science occupations. CAAHEP is recognized by the Council for Higher Education Accreditation (CHEA). CAAHEP is also a member of the Association of Specialized and Professional Accreditors (ASPA).

CCC&TI is now one of 16 accredited EMT-Paramedic programs in the state. The program is a 1,160-hour course designed to train individuals to provide advanced emergency medical care in the pre-hospital setting. Upon completion of the program, students are eligible to sit for the North Carolina OEMS Paramedic exam and/or the National Registry Paramedic exam. Successful completion of the exam results in receiving a certification in EMT Paramedic from either NC OEMS or the National Registry. Certification with the National Registry qualifies Paramedics to work in any state.

According to Reid Roper, CCC&TI Instructor and Coordinator of Fire, Rescue and EMS, the accreditation is good news for the students as well as local emergency services and the community. "First of all, this accreditation will allow graduates of our program to maintain both a state certification and a national registry certification. Students have to complete a CAAHEP accredited program just to sit for the national registry exam," said Roper. "The accreditation also serves to show the community and the local industry that our program is on par with programs around the nation and that our graduates are receiving the highest level of training and education possible."

Roper says that having a local program that is nationally certified can also translate into confidence from the community in the skills of local emergency personnel. "Knowing that you'll get a highly-trained, competent professional to help take care of you or a loved one in an emergency situation, is really what drives us to make this the best program it can be," said Roper. "We're very happy to now be counted among some of the best in the nation."



For more information on CCC&TI's EMT-Paramedic Program, call 828-726-2242 or visit www.cccti.edu.

CCC&TI EMT-Paramedic Instructor Chris Helderman goes over assessment procedures with current students at the college's Transportation and Public Services Center in Hudson.

Attn: Students The FAFSA is changing for 2017-2018.

- The application will now be available earlier (In October 2016 instead of January 2017)
- Applicants will use income tax information from two years prior to the academic year. (Instead of the previous year's information.)

For more information, visit: studentaid.gov/fafsa or CCC&TI Financial Aid Office on the Caldwell or Watauga Campus.

Upcoming Film Series

The International Film Committee has been working this fall on films to bring to campus around the theme of Elections around the World. Upcoming Films:

"Please Vote For Me"

Watauga Campus - Wednesday, Oct. 19, 12 p.m., W372-112

Caldwell Campus - Tuesday, Oct. 25, 3 p.m., B-104

Is democracy a universal value that suits human nature? Do elections inevitably lead to manipulation? Please Vote for Me is a portrait of a society, a school and its children and families. Wuhan is a city about the size of London located in central China. It is here that director Weijun Chen has conducted an experiment in democracy. A Grade 3 class at Evergreen Primary School has their first encounter with democracy by holding an election to select a Class Monitor. Eightyear-olds compete against each other for the coveted position, abetted and egged on by teachers and doting parents.

"Our Brand Is Crisis" Documentary Caldwell Campus - Tuesday, Nov. 29, 3 p.m., B-104 Watauga Campus - Thursday, Dec. 1, 5:30 p.m., W372-112

A Film by Rachel Boynton

For decades, U.S. strategists-for-hire have been quietly molding the opinions of voters and the messages of candidates in elections from the Middle East to the South American jungle. Our Brand is Crisis follows James Carville, Jeremy Rosner and a team of political consultants as they launch a media-savvy campaign for Bolivian presidential candidate Gonzalo Sánchez de Lozada. With unprecedented access to think sessions, media training and the making of smear campaigns, witness an example of America "spreading democracy" overseas and its earth-shattering aftermath.



OPEN AUDITIONS FOR ALL STUDENTS!

LIVE AUDITIONS On Campus or via Skype

3 p.m. T0 5 p.m. Monday, Oct. 3 Wednesday, Oct. 5 Wednesday, Oct. 12 Thursday, Oct. 13 Thursday, Oct. 20 or Tuesday, Oct. 18, during student fest.

ONLINE AUDITION

Upload a YouTube video and send the link to sga@cccti.edu. or to Julio Zuarth Gonzalez, julid01708@students.cccti.edu Deadline to submit online auditions is Oct. 20.

Talent Show Friday, Nov. 4 at 7 p.m. J.E. Broyhill Civic Center.

Cash Prizes! 1st Place - \$200 2nd Place - \$150 3rd Place - \$100 Save the Dates:

Watauga Campus Fall Festival

Thursday, Oct. 13 Free Food Student Jam Session Lots of Fun!

Caldwell Campus Fall Student Fest

Tuesday, Oct. 18 11 a.m. to 1 p.m. and 5 p.m. to 7 p.m. Free Food Games, Club Info Inflatables, DJ Lots of Fun!



The Caldwell Chronicle is a publication of CCC&TI's Marketing & Communications Department, a division of Instructional Support Services.

Find us on the web at: www.cccti.edu/chronicle

Have news or information for the Chronicle?

Contact:

Edward Terry, Public Information Officer, at 828.726.2202 or eterry@cccti.edu or Amy Bowman, Media Designer, at

828.726.2209 or abowman@cccti.edu.





CCC&TI is an equal opportunity educator and employer.

Upcoming Continuing Education Horticulture Classes:

Design Your Own Home Landscape - A Make & Take Class

Mondays - 10/24-11/14 5 p.m. - 7 p.m. Location TBA; Cost: \$75 Create a professional landscape for your home. Discover the landscape plants that will work best for your location; Create a professional landscape design for your own home; Identify the best practices for installing your new design; Use Apps for Landscape Design

Old-Time Christmas - A Make & Take Class

Mondays - 11/21-12/5 5 p.m. - 7 p.m. in Greenhouse; Cost: \$60 Make old-time Christmas items to take home. Create natural Christmas decorations from plants; Discover bulb forcing for live, colorful decorations; Make and take herbal gifts

For a complete schedule of Continuing Education offerings, visit www.cccti.edu/coned or call Continuing Education at 828-726-2242 (Caldwell) or 828-297-4174 (Watauga)

Upcoming Late Start Curriculum Classes:

Classes begin 10/14.

To sign up for one or more of these classes, contact Student Services. Caldwell Campus Call 828.726.2200 Watauga Campus Call 828.297.3811 Art Appreciation (ART-111-624 Online) Intro to Business (BUS-110-621 Online) Personal Finance (BUS-125-620 Online) Survey of Economics (ECO-151-620 Online) Music Appreciation (MUS-110-622 Online) World Religions (REL-110-621 Online) Improving Study Skills (ACA-085 Both Campuses) College Transfer Success (ACA-122 Both Campuses) Public Speaking (COM-231-681 Caldwell) Hort. Pest Management (HOR-164-300 Caldwell) Walking for Fitness (PED-120-300 Caldwell) Writing and Inquiry (ENG-111-970 Watauga)

What's NextP

Meet one-on-one with reps from area 4-year institutions to learn more about your transfer options!

Upcoming Scheduled Rep Visits:

Caldwell Campus (Student Lounge) Lenoir-Rhyne University - Oct. 12, 9:30 a.m. to 11:30 a.m. Montreat College Distance Ed - Oct. 19, 10 a.m. to 2 p.m. JumpStart Appalachian - Oct. 25, 1 p.m. to 4:30 p.m. College Transfer Tour - Nov. 2, 1 p.m. to 3 p.m. Watauga Campus (W372 Lobby) WCU/Lees-McRae College, Nov. 3, 10 a.m. to 1 p.m.