

October1
FAFSA Filing Target DeadlineCaldwell Campus Club Day,
10 a.m. to 1 p.m.; Student
LoungeWise-Up Workshop,
"Academic Skills: Test Taking
and Study Skills, 12 p.m.;
A-2052
Write-Wise Wednesdays, "NC
Live: Literary Criticism," 12
p.m.; F-2183
Wise-Up Workshop,
"Research: NC Live," 12 p.m.;
F-213Watauga Student Workshop,
"College Costs: Financial
Aid," 12:10 p.m., WC 1124
Watauga Student Workshop,
"Speak Easy: Overcoming
Speech Anxiety," 11 a.m.,
WC 1187
Watauga Student Workshop,
"Track it Down: Online
Research Strategies," 1 p.m.
WC 1028
Watauga Student Workshop,
"Make it Happen: Setting and
Achieving Goals," 12:10 p.m.,
WC 112**in this issue**CCC&TI Success Story: Carl Price **P. 3**John Cowman Band at Civic Center **P. 4**New Trustees Sworn In **P. 6**Go Cobras! Basketball Schedules **P. 7****CCC&TI Kicks off Fall Caldwell Cuisine Events**

Caldwell Community College and Technical Institute's Culinary Arts program kicked off its fall semester installment of Caldwell Cuisine. Each of the meals will be served at 6 p.m. at the J.E. Broyhill Civic Center in Lenoir and are priced around \$21 per person. The events are open to the public, but tickets are required.

The first meal of the season, "Louisiana Dinner," was held on Sept. 26. The menu included favorites from the region including fried green tomatoes, shrimp & crawfish gumbo, jambalaya, blackened catfish served with dirty rice and collards and cornbread

In addition to providing an opportunity for the community to enjoy the gourmet Caldwell Cuisine menus at a reasonable price, the events also provide CCC&TI's Culinary Arts students a chance to apply their classroom knowledge.

Upcoming Caldwell Cuisine events:**Octoberfest at Caldwell Cuisine – Oct. 24**

Appetizer: Cucumber Dill Salad (Crisp and refreshing chilled cucumber and red onion salad tossed in creamy sour cream dressing seasoned with fresh-chopped dill)

Salad: Spinach salad with hot bacon dressing (Fresh spinach, walnuts, cranberries, goat cheese, and topped with a warm bacon dressing)

Choice of Entrée: Sauerbraten with sautéed Lyonnaise Potatoes and Braised red Cabbage (German Sauerbraten (or "sour roast" from

"sauer" for sour or pickled and "braten" for roasted meat) is a German pot roast, lyonnaise potatoes are thinly sliced potatoes sautéed with onions) or Pork Schnitzel with Apple Red Cabbage and Spaetzle; (Pork Schnitzel "Viennese Style," classic breaded Pork Cutlet, julienne red cabbage braised with Granny Smith apples, spaetzle- tiny flour & egg dumplings)
Dessert: Apfel Strudel (Savory layered pastry with an apple filling inside)

Harvest Celebration - November 21

Appetizer: Roasted Red Peppers & Asparagus in Phyllo (Roasted veggies wrapped in warm phyllo, served with boursin cheese and a grilled tomato coulis)

Soup: Pumpkin Bisque (Buttery, slightly sweet pumpkin soup)

Choice of Entrée: Flat Iron Steak (Grilled steak, served with pesto mashed potatoes & roasted broccolini with lemon) or

Ponzu Salmon (Marinated salmon filet served with basmati rice & orange asparagus)

Dessert: Pots de Crème (A rich, dense, creamy custard; served chilled and topped with home-made whipped cream)

For tickets to Caldwell Cuisine events, call the Civic Center Box Office at 726-2407 or visit www.broyhillcenter.com.

In addition to planning and preparing for the Caldwell Cuisine events, Culinary students and instructors are also doing cooking demonstrations and tastings at the Hickory Farmers Market. Students use local ingredients and share ideas with market customers on how to prepare the items in new ways.

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10-13
Curriculum Student Fall
Break

15
Wise Up Workshop,
"Substance Abuse
Awareness," 12 p.m.; A-205

Film Series, "The Last
Mountain," 3 p.m.; B-104

16
Write Wise Wednesday,
"Writing About Literature," 12
p.m.; F-218

TRIO Deli, 12 p.m., E-120

17
Caldwell Campus Student
Fest and Watauga Campus
Fall Festival

18
Watauga Student Workshop,
"Faith Matters: College and
Religious Conviction," 10
a.m., WC 118

19
John Cowan Band, 7:30 p.m.;
J.E. Broyhill Civic Center

22
Watauga TRIO Deli, 12 p.m.;
Student Lounge

Wise Up Workshop,
"Academic Skills: PowerPoint
Presentations," 12 p.m.;
F-213

23
Write Wise Wednesdays,
"MLA Formatting," 12 p.m.;
F-218

Watauga Student Workshop,
"Word Up: Using Microsoft
Word Effectively," 1 p.m., WC
102

24
Last Day for Students to Drop
Classes

Wise Up Workshop,
"Research: NC Live," 12 p.m.;
F-213

Watauga Student Workshop,
"Prove It: Documenting
Research Papers," 12 p.m.;
WC 102



At the September 21 Farmers Market, students used locally grown raspberries, tomatoes and bell peppers to prepare two dishes: a beignet with raspberry sauce and a fried green tomato with piquant sauce and goat cheese. Despite a rainy Saturday morning, students prepared and served over 400 hors d'oeuvre size portions for shoppers. "I know the students enjoyed the experience," said Culinary Instructor Corey Hooks. "It's a great way for them to get hands-on experience and for us to promote the Caldwell Cuisine events as well."

Students will be doing the demonstrations throughout the semester at the Hickory Farmers Market located on Union Square in Downtown Hickory. Scheduled dates are Oct. 5, Oct. 26, Nov. 23 and Nov. 30.

For more information on Culinary Arts at CCC&TI contact Keith Andreasen, Director Culinary Arts, at 828-726-2478 or kandreasen@cccti.edu



**Pictured above and at left:
CCC&TI Culinary students prepared
food with local ingredients at the
Hickory Farmers Market on Sept. 21.
Participating students were Steven
Fekete, Susan McKinny, Judy Greer,
Katy Kirby and William Ward.**

**Students will be doing cooking dem-
onstrations at the Market throughout
the semester.**

save the Date!
**Caldwell Campus Student Fest
& Watauga Campus Fall Festival**
Thursday, October 17

For Intelligence Officer, CCC&TI Was Intelligent Choice

Carl Price has served for more than 26 years in the United States Air Force. He carries the rank of Colonel and is currently the Director of Intelligence at Air Force Global Strike Command, a command headquartered at Barksdale Air Force Base, in Shreveport, La., responsible for the nation's three intercontinental ballistic missile wings, the two B-52 wings and the only B-2 wing.

You might think that someone as successful as Carl Price probably knew what he wanted to do since he was a kid. But Price says that he found the right career path by first figuring out what he didn't want to do - as a student at Caldwell Community College and Technical Institute.

Carl Price is originally from the Happy Valley area of Caldwell County. When he graduated from high school in 1979, he had no idea what career path he wanted to take but knew that college was the way to start.

Price said he, his single mom and his brother grew up very poor. "My family didn't get the benefit of education, but my mother instilled in us that if we really wanted to change our lives, education was the only option," he said.

He decided to try nearby Appalachian State University. After finding himself one of more than 100 students in his chemistry class and struggling to learn the material, Price said he decided to make a change. Since Price's brother was already attending Caldwell Community College and Technical Institute, he decided he would give the local community college a shot.



"In a class of 100 or more students, you either knew the material and could teach yourself or you didn't learn," he said. "At CCC&TI, I remember I went from over a hundred person class in chemistry to, I think, 12 people. So I actually learned the material here. My grades improved significantly. It made a huge difference."

Price said that working construction to make ends meet and pay his tuition helped him appreciate the cost savings of attending CCC&TI versus a more expensive four-year institution. "My finances were very limited," he said, "and CCC&TI was significantly less expensive. My brother and I both worked hard to save money and put ourselves through college."

Price said that the cost savings allowed him to try different classes and different subjects to find what he loved most and what he wanted to do with his life. "Community college is a great place to get all your general classes done, to get the basics and then to test some things and see if you are going to like them or not," he said. Price was able to rule out chemistry, engineering and physics as possible career choices and eventually settled on education. After two years at CCC&TI, Price transferred to North Carolina State University and earned a degree in education.

From NC State, Price decided to enlist in the United States Air Force and has served for more than 26 years in Intelligence. Today, Price is a Colonel and a Senior Intelligence Officer. He has served at The U.S. Northern Command in Colorado Springs and recently took the Director of Intelligence post at Air Force Global Strike Command in Shreveport, La.

Price says that more than anything else, he hopes his success story will encourage others to simply try. "You can work for an education. It's hard but there's nothing wrong with doing hard things and earning it," he said. "If you earn it, it makes it more gratifying when you finish."

J.E. Broyhill Civic Center Welcomes John Cowan Band

The John Cowan Band will take the stage at Caldwell Community College and Technical Institute's J.E. Broyhill Civic Center on Saturday, Oct. 19 at 7:30 p.m.

John Cowan, also known as the Voice of Newgrass, has been singing his heart out for 35 years now, and his soaring vocals have only improved with time. A true innovator, Cowan applies his powerful pipes to genres from country, bluegrass, and gospel to soul, jazz, and rock-and-roll – often within the space of a single concert. His ability to move fluidly through multiple styles, and carry mesmerized audiences on the journey with him, has set him apart as one of the most loved and admired vocal artists of his generation, not just by fans and critics but among fellow musicians as well.

John Cowan got his musical start in Louisville, Ky., where he played in various rock outfits like Everyday People and Louisville Sound Department in the early 1970s. But his rise to fame began in earnest in 1974 when he auditioned to play bass for the then up-and-coming New Grass Revival. The audition went well, and John was offered the gig. It wasn't until he'd accepted the job that the shy 22-year-old casually mentioned, "By the way, I can sing too."

With his distinctive, rock-tinged tenor vocal and heart-thumping electric bass, John, along with fellow New Grass Revival band mates Sam Bush, Courtney Johnson, and Curtis Burch, and later Bela Fleck and Pat Flynn, introduced a new generation of music fans to an explosive, experimental and ultimately, eponymous brand of bluegrass. The "newgrass" sound spawned popular jam bands such as Leftover Salmon and Yonder Mountain String Band in addition to shaping the sensibilities of country megastars Garth Brooks, the Dixie Chicks, the Zac Brown Band, and Darius Rucker.

After New Grass Revival disbanded in 1990, John went on to record a series of critically acclaimed solo albums and has also has been in high demand as a session musician. Cowan boasts vocal and/or bass credits on some 120 recordings, including albums by Garth Brooks, Glen Campbell, Rosanne Cash, Hootie and the Blowfish, Alison Krauss, Reba McEntire, Kenny Rogers, Darius Rucker, Ricky Skaggs, Travis Tritt, Hank Williams, Jr. and Wynonna, just to name a few.

In the early 1990s, John's alliance with Pat Simmons gained him a slot as bassist for the Doobie Brothers from 1992 through 1995 as well as a songwriting credit for "Can't Stand to Lose" on the Doobie Brothers 2000 release Sibling Rivalry. Not content to remain a sideman, however, John left the Doobie Brothers to follow his creative muse in pursuit of a solo career that, at the dawn of the 21st century, found him circling back to his acoustic "newgrass" roots. "What we did back in the New Grass Revival days was unique," he says. "Our vision was to take acoustic music somewhere new. What I've done with the John Cowan Band is try to recapture the magic of that ground-breaking experimentation and take it to the next level."

The John Cowan Band, in various incarnations that inevitably feature some of acoustic music's finest players, has been a force to be reckoned with these 15 years – and counting. John is a fixture and a favorite at major festivals like the Telluride Bluegrass Festival in Colorado and Wilkesboro, N.C.'s "traditional-plus" Mer-



**CCC&TI
Student Tickets:
Only \$8!**

This is your chance to see the newgrass legend John Cowan in person at the J.E. Broyhill Civic Center. The show is set for Saturday, Oct. 19 at 7:30 p.m. Tickets are \$15 for adults and \$8 for children and CCC&TI students. For more information or for tickets call the Civic Center Box Office at 828-726-2407 or visit www.broyhillcenter.com.

Job Opportunity at CCC&TI

Position:

Counselor, Student Services – Watauga Campus

Length of Contract:

12 months

Job Summary:

To perform a variety of duties involved in providing information and assistance to students regarding intake, academic, career, and personal counseling including providing information about academic program requirements, admissions requirements and related matters; and to assist students in course selection to meet degree requirements.

Experience:

Two years of responsible experience in student advising, counseling, or related field in an educational setting.

Training:

Master's degree from an accredited college or university with major course work in psychology, social work, counseling or a related field required. Maintenance of an affiliated professional credential is required (e.g. NCC, NCLPC, or LCSW)

Salary:

Salary will be based upon institutional salary plan. Excellent benefits.

Application Deadline:

Oct. 6, 2013

Application Procedure:

Follow the on-line application procedure at www.cccti.edu/jobs. During the online application process, copies of your educational transcripts, a current resume and three current letters of recommendation must be attached. All materials must be submitted by the closing date.

For more information on job opportunities at CCC&TI visit www.cccti.edu.

We're serving up a lesson in

Proper Etiquette.



CCC&TI Student Government Association & the Student Leadership Development Program presents:

The Etiquette Dinner

Learn the rules and conventions that will help you in a professional dinner setting.

Tuesday, October 8 at 6 p.m.

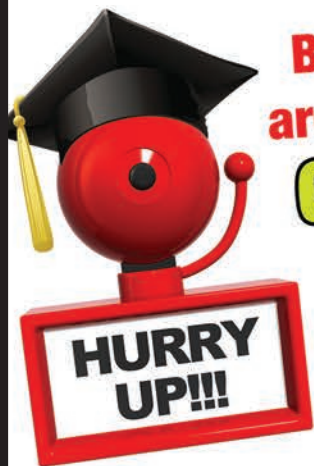
J.E. Broyhill Civic Center - Room 206

**Tickets: \$15 for CCC&TI students,
\$20 for general public.**

Professional business attire required.

Tickets on sale now through Oct. 1. - Seating is limited. For tickets visit the SGA Office in E-118 or see Kim Roper in E-121.

Four course meal prepared and served by the JEBCC Catering Group. Menu includes creamy tomato basil soup, mixed green salad, grilled chicken marsala, sautéed vegetables, duchess potatoes and warm apple pie with vanilla bean ice cream.



**Big changes
are on the way.**

**Get your
GED
today.**

Major changes are coming to the GED Program. If you have started but not finished your GED, call us today to make sure you don't have to start over!

Beginning Jan. 1, 2014, a new version of the test will be released. Scores from the current version will no longer be valid. If you have started but not finished the process by that date, you will have to start over with the new series of tests.

For more information, call us today at 828.726.2230.

CCC&TI is an equal opportunity educator and employer.

Trustee Appointments

New Student Government Association President Joel Pitman and Trustee Ann Smith, Business Banker for First Citizens Bank in Lenoir, were sworn in at the August Board of Trustees. Smith was re-appointed for another 4-year term by the Caldwell County Board of Education. She has served on the Board of Trustees since 2003. Pitman, who is studying Nuclear Medicine at CCC&TI, is serving on the Board of Trustees as the 2013-2014 SGA President.

Tom Thuss, Branch Manager for W.R. Starkey Mortgage in Lenoir, was re-appointed to the CCC&TI Board of Trustees during the Sept. 18 meeting on the Watauga Campus in Boone. He was appointed to the 4-year term by the Caldwell County Commissioners. He was first appointed to the Board of Trustees in 1997 and has served since.



**Pictured at right, top:
Donna Church, Executive Assistant to the President,
swears in SGA President Joel Pitman (center) and Ann
Smith to the CCC&TI Board of Trustees.**

**Bottom, right:
Donna Church, right, swears in trustee Tom Thuss.**



Caldwell Transfer Thursdays

For CCC&TI students wishing to transfer to a four-year university, a visit to Transfer Thursdays is a must. Meet and talk with representatives from Appalachian State University, Lees-McRae, Western Carolina University and Gardner-Webb University and learn more about the transfer process.

Dates and Times for Transfer Thursdays:

Appalachian State University

Oct. 13 & 17
Nov. 7 & 21
Dec. 5
10: 30 a.m. to 12:30 p.m.
F-131
Academic Advising Center



Gardner-Webb University

Oct. 24
9 a.m. to 12 p.m.
F-131
Academic Advising Center



Lees-McRae College

Dec. 3
10 a.m. to 1 p.m.
F-131
Academic Advising Center



Western Carolina University

Dec. 3
10 a.m. to 1 p.m.
F-131
Academic Advising Center



Go Cobras!

Basketball Season is almost here. Make plans now to support your CCC&TI Cobras. Following are current schedules. For up-to-date schedule and game info, visit www.cccti.edu/gocobras

Cobras 2013-2014 Schedule

Barber Scotia (Scrimmage) on Sat., Oct. 19 at 2 p.m. - Home
Moravian Prep (Scrimmage) on Sat., Oct. 26 at 2 p.m. - Home
Patrick Henry on Fri., Nov. 1 at 6 p.m. - Away
Montgomery College on Sat., Nov. 2 at 2 p.m. - Away
Limestone JV on Tues., Nov. 5 at 7 p.m. - Home
Lees-McRae JV on Thurs., Nov. 7 at 7 p.m. - Home
CVCC on Tues., Nov. 12 at 7 p.m. - Away
Denmark Tech on Sat., Nov. 16 at TBA - Away
Belmont Abbey JV on Mon., Nov. 18 at 7 p.m. - Home
CVCC on Tues., Nov. 26 at 7 p.m. - Home
Denmark Tech on Mon., Dec. 2 at 7 p.m. - Home
Clinton on Thurs., Dec. 5 at TBA - Away
Faith Baptist on Sun., Dec. 8 at 6 p.m. - Home
Davidson CC on Wed., Dec. 11 at 7 p.m. - Away
Clinton on Sat., Dec. 14 at TBA - Home
USC-Salkahatchie on Thurs., Dec. 19 at 4 p.m. - Away
Cape Fear on Fri., Dec. 20 at 6 p.m. - Away
Brunswick on Sat., Dec. 21 at 8 p.m. - Away
Sandhills on Sat., Jan. 4 at 3 p.m. - Away
Limestone JV on Wed., Jan. 8 at 7 p.m. - Home
Central Carolina on Sat., Jan. 11 at 3 p.m. - Home
Spartanburg Methodist on Tues., Jan. 14 at 7:30 p.m. - Home
Moravian Prep on Sat., Jan. 18 at 2 p.m. - Home
Davidson CC on Wed., Jan. 22 at 7 p.m. - Home
Wytheville on Sat., Jan. 25 at TBA - Away
Belmont Abbey JV on Mon., Jan. 27 at 7 p.m. - Home
Moravian Prep on Thurs., Jan. 30 at 7 p.m. - Home
Sandhills on Sat., Feb. 1 at 3 p.m. - Home
Wytheville on Wed., Feb. 5 at TBA - Home
Central Carolina on Sat., Feb. 8 at 3 p.m. - Away
Spartanburg Methodist on Wed., Feb. 12 at 7 p.m. - Away
Southside VA on Sat., Feb. 15 at 2 p.m. - Home
Piedmont International on Thurs., Feb. 20 at 7 p.m. - Away

Lady Cobras 2013-2014 Schedule

Guilford Tech on Sat., Oct. 26 at 1 p.m. (Scrimmage) - Home
Louisburg JV on Tues., Nov. 5 at 5:30 p.m. - Away
Denmark Tech on Fri., Nov. 8 at 5 p.m. - Away
Lenoir CC on Mon., Nov. 11 at 6:30 p.m. - Away
VA Western CC on Fri., Nov. 15 at 6 p.m. - Away
Louisburg JV on Sun., Nov. 17 at 2 p.m. - Home
Montreat JV on Tues., Nov. 19 at 6 p.m. - Away
CVCC on Tues., Nov. 26 at 6 p.m. - Away
Piedmont International on Tues., December 3 at 6 p.m. - Home
Wake Tech CC on Sat., December 7 at 2 p.m. - Away
Central Carolina CC on Tues., December 10 at 6 p.m. - Home
CVCC on Sat., Dec. 14 at 3 p.m. - Home
Lenoir CC on Thurs., Dec. 19 at 5 p.m. - Home
VA Western CC on Sat., Jan. 4 at 2 p.m. - Home
Denmark Tech on Sat., Jan. 11 at 5 p.m. - Home
Barber-Scotia on Mon., Jan. 13 at 6 p.m. - Away
Southside VA on Sun., Jan. 19 at 2 p.m. - Away
Louisburg JV on Sat., Jan. 25 at 2 p.m. - Home
Montreat JV on Mon., Jan. 27 at 5 p.m. - Home
Central Carolina CC on Mon., Feb. 3 at 6 p.m. - Away
Wake Tech on Sun., Feb. 9 at 2 p.m. - Home
Barber-Scotia on Mon., Feb. 10 at 6 p.m. - Home



Go Cobras!

Small Business Center Presents “Handmade in America” Series

Caldwell Community College and Technical Institute’s Small Business Center will co-host a free 3-part workshop series entitled “Hand-Made in America Craft Lab Entrepreneurship Education.” The series is presented by the SBC, the Caldwell Arts Council and Hand-Made in America. Following are dates and information on each of the workshops in the series:

Artist Portfolio - Digital and Print, Oct. 17, 5:30-7:30 p.m. at the J.E. Broyhill Civic Center

Presented by Wendy Outland. Come find out what should be in every artist’s portfolio, what portfolios are judged on, and how to approach galleries. Learn how to think outside the box about exhibitions, and some insider tips of how to get work seen. Learn about how to approach galleries, create a portfolio, and what is the difference between an artist’s bio and statement.

Sales Techniques for Artists, Nov. 2, 10 a.m. - 12 p.m. at the J.E. Broyhill Civic Center

Presented by Wendy Outland. Essential tips for anyone who sells their work directly. These pointers will help artisans sell more work – and be comfortable doing it – in the studio, or anywhere else (street fair/art festival, exhibition, special event, co-op, etc.)

Pricing Guidelines for Artists, Nov. 2, 1-3 p.m. at the J.E. Broyhill Civic Center Presented by Wendy Outland. Develop a pricing structure that works for retailers.

Support for HandMade in America’s Craft Labs is generously provided by the Blue Ridge National Heritage Area, North Carolina Arts Council, and Windgate Charitable Foundation.

These workshops are free and open to the public. For more information or to register, call 828-726-2242 or visit: www.cccti.edu/smallbusiness.

CCC&TI
**International
Film Series**

Fall 2013

presented by the
Global Diversity Committee,
Student Activities and
Learning Resource Center

Searching for Sugarman

September 17 • 7:15 p.m.

JE Broyhill Civic Center

Dinner begins at 6:15 p.m.

Two South Africans set out to discover what happened to their unlikely musical hero, the mysterious 1970s rock 'n' roller, Sixto Rodriguez.

The Last Mountain

October 15 • 3:00 pm

CCC&TI Caldwell Campus • B-104

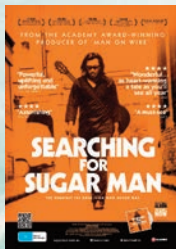
A coal mining corporation and a tiny community vie for the last great mountain in Appalachia in a battle for the future of energy that affects us all.

Beasts of the Southern Wild

November 12 • 7:15 p.m.

JE Broyhill Civic Center

Faced with both her hot-tempered father's fading health and melting ice-caps that flood her ramshackle bayou community and unleash ancient aurochs, six-year-old Hushpuppy must learn the ways of courage and love.



**Watauga Campus
Dates/Times**

The Last Mountain

October 28

5:30 p.m.

WOTF Room 106

**Beasts of the
Southern Wild**

November 7

5:30 p.m.

WOTF Room 106

The Caldwell Chronicle is a publication of CCC&TI's Marketing & Communications Department, a division of Instructional Support Services.

Find us on the web at:
www.cccti.edu/chronicle

Have news or information for the Chronicle?

Contact:
Edward Terry, Public Information Officer, at 726-2202 or eterry@cccti.edu or

Amy Bowman, Public Information Assistant, at 726-2209 or abowman@cccti.edu.

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828.726.2200
828.297.3811

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