The Campus Voice of Caldwell Community College & College



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How to Be Successful in College

By Nancy Leonard, Director, Disability Services, CCC&TI Watauga Campus

What are the factors predicting a student's success in college? Consider the list of possible predictors shown below. Can you accurately rank the top three items that most strongly predict the likelihood of student success in college?

- SAT scores
- Quality of and/or location of high school attended
- Class attendance
- IQ and achievement test scores
- Attitude and effort
- Socio-economic factors
- Gender and/or race
- Shoe size (just kidding)
- Disabilities
- Communication and participation
- Other college graduates in the family
- Age and marital status

Answers: Class attendance is the number one predictor, with attitude and effort at number two, and communication and participation at number three. Recognizing the three most important predictors of success reveals another startling fact: students are in control of their success because each of the influential predictors of success is determined by one person, and that person is you.

Knowledge of the three main predictors is a step toward understanding how to be successful. The next step is learning exactly what every student can choose to do in order to overcome obstacles to achieving their ultimate goals. For example, many CCC&TI students, both new and returning, may not be familiar with the specific behaviors and characteristics required to be successful in college. Surprisingly, a close check of information available on websites from institutions across the board—from Harvard and Purdue to AB Tech and CCC&TIreveals the overall characteristics and behaviors required to be successful in any college are amazingly similar regardless of where you are enrolled. As Dr. Tony Deal, retired Dean of Student Services at CCC&TI, used to say, "Let's discuss!"

- 1. To begin with, successful students have control of their time management. Students who have regular routines get much more accomplished than students whose time is unplanned. Regular bedtime, mealtimes, and study times as daily priorities result in much higher achievement in college.
- 2. Additionally, successful college students have a plan for completing and reaching a goal, and the more specific the goal is, the better. For example, if a student is attending college to "get a better job," that is a non-specific goal. The student may be less focused than a student, for example, who is enrolled in a

20 Swallow the Ocean Tour, 7 p.m.; J.E. Broyhill Civic Center

23 Watauga Campus TRIO Deli, 12 p.m. to 1 p.m.; Student Lounge

27 Caldwell Campus Blood Drive, 8:30 a.m. to 2 p.m.; Gym

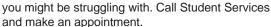
October

1 FAFSA Filing Target Deadline for Spring 2014

10-13 Curriculum Student Fall Break

15 Caldwell Campus Film Series, The Last Mountain 3 p.m.; B-104 Business Administration degree program to be the manager of the Quickie Carpet business where he or she is currently employed as an installer. CCC&TI offers free Career Counseling on both campuses. Our trained counselors can help you determine types of careers that are a good fit for you, your personality, and your talents.

3. Next, successful students possess self-awareness and self-control. With self-control comes the ability to choose to do the hard tasks first and postpone Twitter time or Netflix. Self-awareness also means a person has the ability to recognize unproductive negative thinking and negative self-talk and consciously replace negativity with positivity. CCC&TI has trained counselors to help you with any personal problems you might be struggling with. Call Students





- 4. Successful students engage in regular, productive **study patterns**. Study skills experts say students should study in a quiet place with good lighting at the same time every day. Start studying in 20 minute increments and build up to 50 minutes without taking a break. Successful students don't study "when they have time." They have regular study hours built in to each day, so studying is a regular habit. For more details about the do's and don'ts of productive studying, stop by the Academic Support Centers on either campus or attend the numerous free workshops offered by the college every semester.
- 5. Successful students **accept responsibility** for their own successes or failures. Successful students don't blame instructors, computers, flat tires, or the flu for their failures or problems. They manage their assignments and responsibilities in a way that creates positive results. Every person experiences challenges; that fact is inevitable. But those who can manage responsibilities, disappointments or setbacks in a healthy way will be more successful in the end.
- 6. Successful students are aware of, understand, and **manage** their personal, unique pattern of **procrastination**. Everyone procrastinates, but students who are aware of, and control procrastination are more successful than those who over-indulge in video games, television, or partying...just to mention a few of the hundreds of distractions present in everyone's lives. Committing to a planned daily schedule will help you avoid the pitfall of procrastination.
- 7. Successful students do not abuse drugs, alcohol, or engage in other self-destructive behaviors. Having a healthy social life is important, but a successful student will pace him or herself and **manage those personal indulgences** that can sometimes ruin a GPA, delay graduation, or put financial aid in jeopardy.
- 8. Students who are successful in college **attend class regularly**, are always on time, and arrive prepared with assignments and tools needed for the day. Attending all classes is the main predictor of success in college. At the college level, the curriculums in all the various programs can be very challenging. Missing classes makes meeting this challenge unlikely.
- 9. Students who want to be successful in college learn how to **communicate** well with instructors, staff, and other students. At CCC&TI, instructors welcome student visits and contacts because it shows that the student cares. Also, networking with other students and forming study groups has been shown to be a major advantage in earning higher grades. Get to know all the great people in Student Services, too. They are here to help you with whatever you need in order for you to be successful.

In conclusion, being successful in college takes determination, discipline, and focus on the part of every student. There are no quick fixes, magic solutions, or shortcuts. As one anonymous person wrote, "There aren't any elevators to success. You just have to take the stairs!

Meet Your 2013 SGA Officers

President Joel Pitman

Joel Pitman is from Hudson, N.C. and says he decided to attend CCC&TI because it was close to home and attending the local institution would give him time to decide on the right career path. Since starting his college education in 2010, Pitman has been working on prerequisites for a degree in Nuclear Medicine as well as credits toward an Associate in Arts degree and an Associate in Health Sciences. After graduation, Pitman plans to work in the medical field and hopes to one day continue his education in healthcare.

Pitman has been involved in SGA in previous years and says he decided to run for president this year to make a difference at the college. "I could not only better my experience here at Caldwell but the college experience of the students, as well as be a part of the changes I wanted to see," said Pitman. "I plan to use my position with the SGA as a direct reflection of what the students want, no matter how large or small the issue."

When Pitman isn't working hard for his fellow students, he enjoys caring for his pet tarantulas, lifting weights and playing disc golf.

Vice President Priscilla Horton

Priscilla Horton is originally from Morganton N.C. and now resides in the Lenoir area. She says she decided to attend CCC&TI because her brother attended the college for its Radiography program. She is currently working toward her Associate in Arts degree and plans to transfer to Gardner-Webb to earn a Bachelor's degree in Human Services.

Horton says she decided to run for an SGA office because she wanted to be involved in what was going on at CCC&TI. "I hate being the new kid anywhere, so when I first enrolled in school I checked out some of the clubs and found that SGA best suited me. I love helping others, and making a difference," she said.

Horton is also involved in the Phi Beta Lambda/Rotaract club and the Student Leadership Development Program. During her spare time, she says she is learning to play piano and loves taking care of her English bulldog, Meaty. She is also a member of Brown Mountain Baptist Church.

Treasurer Ashelyn Thomason

Ashelyn Thomason is originally from Gastonia, N.C. and came to CCC&TI to play basketball for the Cobras. Now in his second year, he is working on an Associate in Arts degree and plans to continue his education at a four-year university. After college, he hopes to work in business and personal finance.



Above: Pictured from left to right are Caldwell Campus SGA
Officers, Vice President Priscilla Horton, President Joel Pitman
and Secretary Ashley Woods.
Not pictured, Treasurer Ashelyn Thomason.

Thomason says he decided to run for SGA office just to be engaged and involved and hopes to encourage his fellow students to get involved as well.

Secretary Ashley Woods

Dream Scholar Ashley Woods is from Hudson, N.C. and decided to attend CCC&TI to utilize the Dream Award that she received in middle school. She is in her second year at CCC&TI and is working on prerequisites for the Physical Therapist Assistant program.

Woods says she decided to get involved with SGA to express both her own ideas and those of her fellow students. "I'm looking to get things done to better our school and our student population," she said. "I also found out quickly that SGA is a good support system and a very good learning experience."

Woods is mom to a 2-year-old son and enjoys spending her extra time with him. She also works as an in-home patient aid for Caregivers by Design and enjoys spending time outdoors.

Watauga Campus SGA Officers

Watauga Campus Vice President Amanda Munday

Amanda Munday is originally from Ashe County and says she decided to attend CCC&TI to save money on tuition. Munday has already completed training in EMT-Basic and Phlebotomy and is currently working on prerequisites for the Nursing Program. After graduation, she hopes to obtain a job in the health-care field and would also like to eventually earn a Bachelor's degree in Nursing with a goal of becoming a flight medic or travel nurse.

Munday says that as Vice President of SGA she would like to help people become more aware of what CCC&TI does for the community beyond its role as a college.

Munday lives on a farm with her parents and is currently a firefighter and first responder for two fire departments in the area. "I absolutely love helping people in need," she said.

Watauga Campus Treasurer Mark Lewis Jordan

Mark Lewis Jordan is originally from Rutherford County but says he moved around a lot during his 6 years serving in the U.S. Army. He re-

cently moved to the Boone area with his fiancé and is working on his Associate in Arts degree. He plans to eventually earn his Bachelor's degree in Religion and Practical Theology and become a Methodist minister.

Jordan says he decided to run for the office of Treasurer to get more experience working with budgets since that will be a function of his role as a church leader once he goes into the ministry. He hopes to use his position in Student Government to improve the institution and encourage his fellow students to "pay it forward" with volunteer service.

In his spare time, Jordan, who also does work study with the Student Services and TRIO, says he enjoys football and studying different religions. "I want to help and serve as many people as I can," he says.



Charles Allan Wilkins is originally from Sanford, Fla. but currently

makes his home in Zionville, N.C. He says he decided to attend CCC&TI because of the small size and the instructor to student ratio. "I know from experience that many smaller schools have better academics and less distractions," he says. The 26-year military veteran is working on his Associate in Arts degree and plans to earn a Bachelor's degree in Parks and Recreation Management.

Wilkins says he decided to take on the SGA office to get more involved in college life. "Having a military background of 26 years, 24 years of that in leadership positions, I am quite aware of the benefits of being involved as a team member. I feel that I can contribute in some small way to the school that is helping me continue my education," he said.

Wilkins says he hopes that he can use his position as a student leader to help promote cohesiveness among students and the institution. "If a student understands the school then they become a part of it and care. If the school understands the needs and desires of the students, it can better try to meet those. It's a win, win!"

In his spare time Wilkins enjoys hiking and spending time outdoors. In 2014, Wilkins plans to form a small group to complete the Mountain to Sea Trail Hike, a 972-mile journey from the Great Smoky Mountains to the Outer Banks of North Carolina.

Watauga Campus Senator Manny Alcaraz

Manny Alcaraz is originally from Los Angeles, Calif. but was raised in Boone. He said he decided to attend CCC&TI for financial reasons. Alcaraz is working on his Associate in Arts degree and plans to transfer to a four-year institution to pursue a degree in Criminal Justice and eventually enter Marine Officer Training Candidate School.

Alcaraz says he decided to get involved with SGA because he wanted to be a student advocate and help make positive changes on the Watauga Campus, such as implementing more opportunities for fitness.

In his spare time, Alcaraz says he is an avid skier. "I am a die-hard skier during the winter months and a slope is the only place you will be able to find me," he said.





SGA Summer Retreat and Upcoming Dates

(Submitted By Amanda Munday)

In July, Caldwell Community College and Technical Institute's Student Government Association (SGA) attended a retreat at the Valle Crucis Conference Center. At the retreat, the new officers of SGA participated in team building and leadership activities. Also, at the retreat, the new officers planned several events for the fall semester:

August 14-15: Welcome Back Days at Caldwell Campus

August 22: Welcome Back Day at Watauga Campus

August 29: Blood Drive at Watauga Campus October 17: Fall Festival on both campuses

What is SGA?

SGA represents the student body of CCC&TI. The purpose of the SGA is to serve as a united voice of the students, provide a medium for leadership development, and promote self-government within the student body in order to support students' rights, responsibilities, and code of conduct, and lead the student body in extra-curricular and student-life activities. SGA takes responsibility in promoting various activities and opportunities for out of class learning, social contacts, entertainment, and self-governance. General Assembly meetings are held to provide an opportunity for the student body to interact with the SGA and learn about upcoming events on campus. For more

information visit www.cccti.edu or contact Caldwell Campus SGA Advisor Kim Roper at 828.726.2301 or kroper@cccti. edu or Watauga Campus SGA Advisor Diane Mazza at 828.297.2185 or dmazza@cccti.edu.

An Educational 'Pit-Stop' Leads to a Career in Motorsports

When Dana Boone graduated at the top of her class at West Caldwell High School in 2007, moving on to a four-year university seemed like a natural choice. So, that's what she did, enrolling in classes at the University of North Carolina-Charlotte. At the end of her first semester, Boone says she was home sick and unsure of what direction to go in for her degree.

She struggled to make a decision as to what to do next. "Making the choice to leave a four-year university was difficult. I was worried what people would think and how it would reflect on me," says Boone.

Despite her reservations, she decided to make a change. "I made the decision to move back home and attend Caldwell Community College and Technical Institute so I could still make progress in my education, while figuring out exactly what I wanted to do."

Boone admits that at first she struggled with her decision and her own preconceived notions about community college. "When I first went to CCC&TI, I was a little embarrassed to be there. I was afraid people would think I just couldn't cut it at a 'real school," she said. "I only planned to attend CCC&TI for one semester and then head back to the university system." Making the Case for Involvement:

An Alumna and Former SGA President

Shares Her Story

"My involvement in student activities at CCC&TI made me a proponent for student engagement."

Boone says her plans changed when she met Kim Roper, CCC&TI's Director of Student Activities, who listened to Boone's story and helped her get plugged in to several extracurricular activities including the Student Government Association. "She convinced me to run for President of the Student Government Association. SGA is still one of my favorite college memories."

As President of SGA, Boone says she enjoyed the diversity of students she worked with and got to know, as well as exploring her interests in government, politics and advocacy work. "There were college-aged kids like me, working moms and single dads all working together to organize programs that served our unique student body," said Boone. "We also planned and executed two student lobbying trips where we set up meetings with government officials in Raleigh to express the importance of funding for the Community College System as a whole."

Boone says that Roper also helped her land an internship with the News-Topic where she gained experience with writing and publishing. Boone also did several spots on the college's cable access channel during her time as a student. All told, Boone says that by the time she left the college, she had a long list of activities with which to build her resume.

"When I left CCC&TI, I had experience running an executive board and lobbying on behalf of my organization, I was a published writer, I was comfortable sitting in a board room of organization leaders and I had confidence in my ability to tackle anything that crossed my path," she said.

When Boone returned to UNC-Charlotte as a junior, with her Associate of Arts degree already under her belt, she says that she was ready for the experience and wanted to get involved from the start. "My involvement in student activities at CCC&TI made me a proponent for student engagement. When I returned to UNC-Charlotte, I made sure to check out the student activities fair the very first day. I went on to serve as both News Editor and Editor-in-Chief for The University Times, I hosted a student produced comedy show, starred in a student written and directed sitcom, worked in the student media marketing department as a sales representative and served as secretary for the Public Relations Student Society of America. While I participated in as many on-campus activities as possible, I also worked part-time jobs off campus to pay for school and living expenses," she says. "I never would have been able to balance all of my activities, jobs and school work without the skills I learned first at CCC&TI."

That balance allowed Boone to complete a year-long full-time internship with Hendrick Motorsports where she says she fell in love with the world of NASCAR.

Boone went on to graduate Cum Laude from UNC-Charlotte in December 2012 with a Bachelor of Arts in Communication Studies with a concentration in Public Relations and a minor in Latin American Studies. As part of her program of study, she also earned the Epley Certificate for International Public Relations.

In addition to her diploma, Boone also received a job offer from Hendrick Motorsports. "My official title is Digital Media and Communications Representative for Hendrick Motorsports. I manage our social media presence and handle media relations for up-and-coming driver Chase Elliott."

In her position, Boone manages the social media presence for the company across several platforms, including Facebook, Twitter, YouTube, Instagram and Pinterest. She interacts daily with a fan base of more than 700,000 people and helps coordinate and schedule media interviews and appearances for Elliott, son of NASCAR legend Bill Elliott.

It sounds like a lot to manage, but Boone says she owes her success to

her time at CCC&TI. "The professionalism, time management and people skills my position requires can truly be traced back to my time in student government at CCC&TI," she says. "I never thought my 'pit stop' back home would have such a lasting impact on my professional development."

Despite her initial reservations about the community college experience, Boone says she is a true advocate of all that community colleges can offer to local students. "Today, no one is a bigger - or louder - supporter of the community colleges and CCC&TI in particular. My advice to those considering coming to a community college after high school instead of jumping straight into the university system is – DO IT! CCC&TI is such a great transition for someone used to the small class sizes and easy access to teachers that are common in high school," she says. "But, if you're going to do it, don't half do it. It sounds cheesy, but get involved! Your experience will truly be what you make it and the contacts and skills you gain now really will guide your path in the future."



Above: Dana Boone paused for a photo with Hendrick Motorsports Driver Chase Elliott. Boone is the Digital Media and Communications Representative for Hendrick Motorsports and handles media relations for the up-and-coming driver.

Below, Boone, seated third from right, at the 2008 NC Comprehensive Community College Student Government Association Conference with fellow officers and advisors.



In addition to her busy schedule working with Henrick Motorsports, Boone also blogs about social media (follow her at http://communicationcheatsheet.wordpress.com/) and enjoys exploring the local restaurant and brewery scene in Charlotte and watching classic television series on Netflix.

You Can Get Involved, Too!

Student Organizations

Special Interest Clubs: Open to All Students Alpha Omega (Christian-Based) Melissa McCarraher, 726-2341 Ebony Kinship Club (African American Issues)
Institute of Electrical and Electronics Engineers (IEEE)
International Citizens Students Association (ICSA)
Phi Beta Lambda Caldwell (Business) Kelly Greene, 726-2337
Rotaract (Rotary for College Students) Dr. Regina Hartley, 726-2333
Program Specific Clubs: Open to Students in Program Area
Alpha Gamma Beta (Nuclear Medicine)
Donnie Hanking 726-2263
BLET (Basic Law Enforcement Training) Dennis Hopkins, 726-2750 Blue Ridge Flying Eagles (Aviation Technology) Dawn Sullivan, 726-2387
Cosmetology Club Judy Keller, 726-2250 & Lisa Rector, 726-2250
Culinary Guild (Culinary Arts) David Kirby, 726-2406
Landscape Gardening Club Tom Sloop, 726-2220
Early Childhood Teachers ClubLinda Allbritton, 726-5276
Paralegal Club
Physical Therapy Assistants Club Martha Zimmerman, 726-2605 & Leigh-Anne Boggs, 726-2327
Rho Alpha Delta (Radiography)
SLPA (Speech Language Pathology Asst.) Holly Hanley, 726-2392
Sonography Club (Cardiovascular and Medical) Jan Wilson, 726-2325
Honor Societies: By Invitation
Ambassadors Club (Caldwell Campus) Matt Williams, 726-2350
National Society of Leadership & Success Kim Roper, 726-2301
Phi Theta Kappa Melissa McCarraher, 726-2341

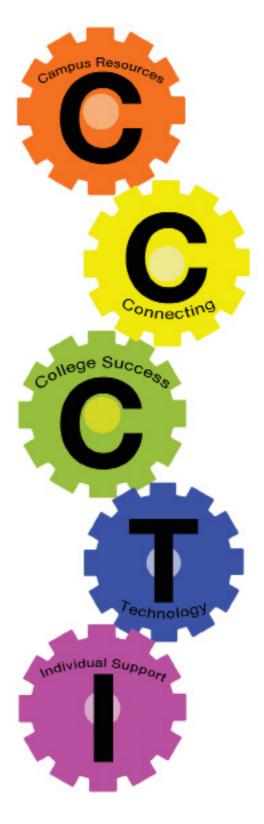
Fall Intramurals on the Caldwell Campus!

Tuesdays and Thursdays in the gym 12 to 12:50 p.m. Beginning September 3rd

Athletics

Get involved in NJCAA Intercollegiate Athletics:

Athletic Director, Matt Anderson	726-2606
Athletic Contact, Kathy Kelley	726-2718
Women's Basketball, Christina Guzman	726-2388
Men's Basketball, Matt Anderson	726-2606
All games are free to the public.	



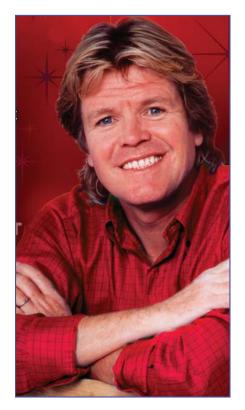
J.E. Broyhill Civic Center Announces 2013-2014 Showcase of Stars

Caldwell Community College and Technical Institute's J.E. Broyhill Civic Center has announced the line-up for its 2013-2014 Showcase of Stars featuring a variety of musical events and several "Dinner and a Show" events. The Civic Center has also announced a special "All In" rate offering tickets to all nine shows for \$100.

The season will kick off with a night of Christian music with the **Swallow the Ocean Tour** on Friday, Sept. 20 at 7 p.m. Headlined by contemporary Christian powerhouse, Newsong, the Swallow the Ocean Tour features music from the group's 18th recording, inspired by their fellow Winter Jam headliners. The concert will also feature artists Aaron Shust, Love & the Outcome and the Royal Tailor Band. This concert is sure to be an unforgettable night of music and worship for music fans of all ages. This show is sponsored by Propulsion Ministries and In His Service Productions.

On Saturday, Oct. 19 at 7:30 p.m. the Civic Center will welcome the **John Cowan Band**. John Cowan, also known as the Voice of Newgrass, has been singing his heart out for 35 years now, and his soaring vocals have only improved with time. A true innovator, John applies his powerful pipes to genres from country, bluegrass and gospel to soul, jazz, and rock-and-roll – often within the space of a single concert. Forget labels, this show is a must for people who just love music!





The Raleigh Ringers will take the Civic Center stage on Saturday, Nov. 16 at 8 p.m. The Raleigh Ringers is an internationally acclaimed, advanced community handbell choir based in Raleigh, N.C. Since its founding in 1990, The Raleigh Ringers has been dazzling concert audiences with unique interpretations of sacred, secular and popular music, including famous rock 'n' roll tunes arranged just for handbells. It's a unique experience the whole family will enjoy!

On Saturday, Dec. 7 the Civic Center will present a holiday show unlike any other. Welcome the holiday season with Dinner and a Show featuring **An Olde English Christmas with Herman's Hermits Starring Peter Noone**. Enjoy the classic hits made famous by Herman's Hermits, including "There's a Kind of Hush," "I'm Into Something Good," and "Can't You Hear My Heartbeat," just to name a few, mixed in with classic holiday favorites. The show will start at 7:30 p.m. Dinner will be served prior to the show and will feature a menu of roast turkey breast with giblet gravy and cranberry, orange and pecan relish, dijon glazed ham with raisin sauce, cornbread stuffing, rosemary roasted potato medley, sweet peas, cauliflower and carrots and fruity Christmas pudding with whipped cream and brandy sauce flambé.

On Saturday, Feb. 8, at 7:30 p.m., **The Dallas Brass** will bring their show to the Civic Center stage. After 30 years together, The Dallas Brass has become one of America's foremost musical ensembles. The group has established a unique blend of traditional brass instruments with a full complement of drums and percussion, which creates a performing entity of extraordinary range and musical challenges. The Dallas Brass repertoire includes classical masterpieces, Dixieland, swing, Broadway, Hollywood and patriotic music. It'll be a brasskicking good time!

If you're looking for something unique for your Valentine, look no further. On Saturday, Feb. 15, 2014 at 7:30 p.m. the Civic Center will host the **Hickory Jazz Orchestra – Dinner, Dance & Romance** event. Treat your sweetheart to dinner, a show and dancing on the Civic Center stage during Hickory Jazz

Orchestra's signature Dinner, Dance & Romance event. You'll

fall in love all over again to the sounds of swing and big band classics from the full size 18-piece jazz orchestra. HJO is the Piedmont's premiere jazz music and big band entertainment group reviving the classics from the era of Glenn Miller, Count Basie and Duke Ellington as well as the sounds of modern big bands. Come experience a night of great music, great food and dancing on the stage. Dinner will feature hearts of romaine with cherry tomatoes, cucumber and red pepper julienne, pink balsamic vinaigrette and rose petal chiffonade, herb grilled chicken breast and beef tenderloin medallion with pink peppercorn beurre rouge, scalloped purple potatoes, herb buttered asparagus spears, raspberry mousse in chocolate heart shaped box with crème chantilly and edible orchid.





On Saturday, March 15, 2014 at 7:30 p.m. the Civic Center will once again host the **Caldwell Musicians Showcase**. 2014 will be Sweet 16 for the annual and popular Caldwell Musicians Showcase. The event will bring together some of our area's most talented musicians and singer/songwriters for an evening of homegrown entertainment! Join local favorite Strictly Clean and Decent for an evening of music, Caldwell County style.

Foothills Performing Arts will present the classic "Alice's Adventures in Wonderland" based on the book by Lewis Carroll, adapted by Mark Allen Woodard on the weekend of April 3-6. Thursday through Saturday shows are at 7:30 p.m. with a Sunday matinee at 3 p.m. Follow the talented local players of Foothills Performing Arts down the rabbit hole as they present Lewis Carroll's classic "Alice in Wonderland." Prior to the April 5 show, the JEBCC Catering Group will offer a tea party themed reception complete with chef carved smoked turkey breast, mini rolls and cranberry aioli, fruit and raw vegetable displays with dips, chicken salad puffs, scones, assorted finger sandwiches and canapés, assorted mini cheesecakes, chocolate strawberries and truffles along with chicken tenders and dips for children. And of course, a variety of cold and hot teas will be served.

Capping off the season will be country star **Kathy Mattea** on Saturday, May 3, 2014 at 7:30 p.m. Kathy Mattea didn't play it safe while

she charted mainstream country hits—16 of them reaching the top 10—and she's not about to start now. Recently releasing two traditional folk albums that pay homage to her West Virginia upbringing, Mattea has returned to her roots. Join Kathy as she performs hits like "18 Wheels and a Dozen Roses" from her long-standing career and the latest from her albums "Coal" and "Calling Me Home."

Individual ticket to all events will be available after Aug. 1 through the Civic Center Box Office and online. The Civic Center is also offering a special "ALL IN" Subscriber rate, which includes a ticket to every show for only \$100. For more information on any of the above events or to reserve your tickets, call 828.726.2407 or visit www.broyhillcenter.com.



These Grads Did It... So Can You: Celebrating 100% Passage Rates

Nuclear Medicine

The Associate Degree in Nuclear Medicine Technology Program at Caldwell Community College and Technical Institute has announced that its most recent graduating class had a 100-percent passage rate on the Nuclear Medicine Technology Certification Board (NMTCB) exam.

Pictured, from left to right, are:

(back row) Bounphat Phothichack, Tifani Lewis, Crystal Isaacs, Jessica Shatley and Karen Shooter. (front row) Amit Kumar, Michael Bumgardner, Whitney Pritchard, Courtney Whaley, Amber Miller and Richard Nicholas. For more information about the Associate Degree in Nuclear Medicine Technology Program at CCC&TI, please call 726-2370.





Ophthalmic Medical Assistant

The OMA class of 2013 had a 100 percent pass rate on the Joint Commission on Allied Health Personnel in Ophthalmology (JCAH-PO) Certified Ophthalmic Assistant (COA) national certification exam. Pictured from left to right are (front row): Jacqueline Godoy, Haley Hefner, Faith Race, Clinical Coordinator, Sarah Wenzel-King, Barbara Harris, Program Director, (back row): Sam Bryant, Angel Boyd and Shae Shatley.



Physical Therapist Assistant

The PTA class of 2013
had a 100 percent pass
rate on their Licensure Exam.
Pictured at left, front row, left to
right, Liz Rutledge, Tiffany Weitzen, P.
Decoe Knighten, Ruby Locke, Erica Hoyle, Brooke
Shockley. Second Row: Left to Right: Lester Minish, Kathy Rogan, Denyse Miner, Bradley Bell,
Angie Williams, Jeff Newman and D. Woodley
Clark



Associate Degree Nursing

The Associate Degree in Nursing Program at Caldwell Community College and Technical Institute has announced that its most recent graduating class had a 100-percent passage rate on the NCLEX-RN Licensure Examination. This will be the second consecutive year that the nursing graduates had a perfect passage rate. Pictured, from left to right, are graduates from both the Caldwell and Watauga campuses: Matthew Hobbs, Elisabeth Dubberly, Whitney Hatfield, Rhonda Cline, Tosha Lail, Kara Russ, Liza Asherbraner, LeeAnn Wright, Rachel Kingsley, Hannah Corell, Katheryn MacDonald and Chadrick Barr.



Speech Language Pathology Assistants

The Speech Language Pathology Assistants program recently announced that 100-percent of the 2013 graduates passed the NC Board of Examiner's for Speech-Language Pathology and Audiology Registration Exam. Pictured at left, front row left to right are Cory Ledford, Annel Williams, Mary Solesky and Brandy Lonon. Back row, left to right are Jessica Raby (Clinical Coordinator), Karen Felton, Roxanna Earp, Mallory Dickson, Paula Zecca, Leah Horton, Holly Hanley (Program Director).

Community Service Part of Learning for Landscape Gardening Students

Landscape Gardening students at Caldwell Community College and Technical Institute recently combined hands-on learning with community service, thanks to an opportunity provided by Whitnel Elementary School in Lenoir.

In their second year of planting a vegetable garden behind the school, students at Whitnel's WrapAround daycare program were paid a visit in July by summer students from CCC&TI's Landscape Gardening program. The group came ready to learn and help with the garden, which was already yielding a harvest and ready to deliver more.

Aside from the obvious benefits of learning from the garden itself, Landscape Gardening Director Debbie Mitchell said her students also benefited from working with the elementary students and participating in community service.

"They improve their communication skills and learn to be better active listeners when working with younger elementary students," Mitchell said. On the technical side, she added, the students learned about new techniques in vegetable garden production, including a bamboo tepee for growing beans and gourds and using a wire trellis for cucumbers and beans.

During the visit, the Whitnel students gave a tour of the garden and talked about specific vegetables they had planted. The CCC&TI students also helped re-

pair and replace damaged plants, weeded the garden and helped the Whitnel students harvest ripe vegetables, including cucumbers and peppers.

Whitnel Elementary School Principal Andy Berry said the garden is a wonderful learning tool for his students, and a point of pride in the community. In addition to learning about how food is produced, the students also receive the benefit of eating the food and taking some home to their families.

"Sustained efforts bringing fruits is a great message for them," Berry said. "It's an educational tool and an opportunity for service."

Leftover food from the school's garden is donated to the food pantry at nearby Whitnel First Baptist Church and food also has been donated to South Caldwell Christian Ministries, which feeds needy residents across a wider area.

Berry also was appreciative of the help maintaining the garden, as well as an opportunity for his students to interact with college students and show off their work. The garden already is well known, thanks to publicity last summer through an article about community gardens in Parade Magazine and a segment on UNC-TV last fall.

"It's another opportunity for our children to share their garden, and to share it with adults who are students of their garden. That's exciting," Berry said. "Sharing it with college students will make a great impression."

Above: CCC&TI Landscape Gardening students work with Whitnel Elementary School student Christopher Rodriguez (center, orange shirt) to harvest fresh vegetables from the garden behind the school. The Whitnel students recently opened their garden to the CCC&TI Landscape Gardening, who volunteered to help with some repairs and weeding.

Below: Whitnel Elementary School student Justice Wells (orange shirt) picks peppers from her WrapAround class' garden.



Service learning is not a new component of the Landscape Gardening program at CCC&TI. Mitchell said her students have been tending a perennial and herb garden at the Caldwell Arts Council in Lenoir for nearly 10 years and also have lent help to a variety of landscape and design projects at local schools and nonprofit organizations in Caldwell County. In Watauga County, the students have helped install and renovate landscapes for the Blowing Rock Appearance Advisory Commission and Appalachian State University.

For more information about the Landscape Gardening program at CCC&TI, which now includes a component that allows high school juniors and seniors to earn free college credits, please contact Debbie Mitchell at 726-2330.

Branches Call for Submissions

Branches, CCC&Tl's literary and arts magazine, is now accepting prose, poetry and artwork from both CCC&TI students and members of the community for Volume 18 of the publication.

All students and residents of Caldwell County and Watauga County are invited to enter.

Prizes, awarded by the editorial jury, are as follows:

Best Literary Entry

Best poem

Best prose (max. of 2500 words)

Best Art Entry

Best two dimensional art

Best three dimensional art

Cover Art for 18th edition of Branches

GENERAL RULES:

- 1. You may submit in as many categories as you wish. Please limit your submission to 3 per category. Complete a separate entry form (online) for each work submitted.
- Entries will be judged "blind."
- Deadline for all submissions: September 1, 2013
- Winners will be printed in the 18th edition of Branches. All entries will be considered for publication.

For more information, or to view previous volumes of Branches, visit www.cccti.edu/branches.

Regroup Alert Messaging Service

In partnership with Regroup, Inc., CCC&TI offers a campus alert and group messaging system that provides text messages, e-mail and voice broadcast services for the campus community. This system will provide instant notices to students, faculty and staff dealing with campus closures and delays, important dates and emergency alerts at CCC&TI. To sign up, go to www.cccti.edu/Regroup



A Different Expression

Art by the Compensatory Education students of CCC&TI was recently featured at the Caldwell Arts Council in an exhibit entitled "A Different Expression." Sales from the gallery raised funds for the Compensatory Education program at CCC&TI. The event was organized by CCC&TI instructors Dana Rosario and Ruth Ann Jacobs.







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